# GBaldwin&Co



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# GBaldwin&Co

# Welcome to the Baldwins 2025 Catalogue:

We hope you find it useful and informative.



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## Introducing our complete range of Herbs, Roots, Barks and Powders.

# All our herb packaging is now 100% COMPOSTABLE: Suitable for food waste recycling

# Herbs

#### A

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Agnus Castus Berries (Chaste Tree)	Vitex agnus-castus		£1.99	£5.69	£12.15	£18.49	Morocco
Agnus Castus Berry Powder (Chaste Tree)	Vitex agnus-castus		£2.19	£6.29	£13.39	£20.45	Morocco
Agrimony Herb	Agrimonia eupatoria		£2.59	£7.29	£15.59	£23.69	EU
Alfalfa Herb (Lucerne)	Medicago sativa		£1.99	£5.75	£12.25	£18.69	Hungary
Alfalfa Seeds (Lucerne)	Medicago sativa		£3.25	£9.29	£19.79	£30.19	Italy
Alkanet Root, Dyer's	Alkanna tinctoria		£2.95	£8.45	£17.99	£27.49	Albania
Allspice (Pimento)	Pimenta dioica (=officinalis)		£2.35	£6.69	£14.25	£21.75	Mexico
Angelica Herb, Garden	Angelica archangelica		£4.35	£12.29	£26.15	£39.95	France
Angelica Root, Garden	Angelica archangelica		£3.15	£8.99	£19.29	£29.45	Poland
Angelica Seeds, Garden	Angelica archangelica		£6.65	£18.99	£40.59	£61.95	EU
Anise, Star (Star Anise)	Illicium verum		£5.15	£14.59	£30.99	£47.45	Vietnam
Aniseeds	Pimpinella anisum		£2.45	£6.99	£14.89	£22.75	Spain
Aniseed Powder	Pimpinella anisum		£1.99	£5.65	£11.99	£18.39	Spain
Annatto Seeds	Bixa orellana		£3.69	£10.59	£22.45	£34.29	Guatemala
Arrowroot Powder, Brazilian (Cassava, Manoic)	Manihot esculenta		£1.69	£4.79	£10.19	£15.59	Brazil
Asafoetida Powder	Ferula assa-foetida (blended with 60% Fenugreek powder)		£8.59	£24.49	£52.15	£79.59	India / Iran
Ash Leaves	Fraxinus exelcisor		£3.19	£9.09	£19.35	£29.59	Albania
Avena Sativa (Oatstraw)	Avena sativa		£2.65	£7.59	£16.09	£24.59	Europe
Avens Herb, Wood	Geum urbanum		£3.35	£9.45	£20.15	£30.75	EU

#### В

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Balm (Lemon Balm, Melissa)	Melissa officinalis		£2.59	£7.35	£15.65	£23.89	EU
Balm of Gilead Buds (Black Poplar)	Populus nigra		£4.99	£14.19	£30.19	£46.15	Romania
Barberry Bark	Berberis vulgaris		£3.45	£9.79	£20.85	£31.85	China / India
Barberry Bark Powder	Berberis vulgaris		£3.59	£10.09	£21.49	£32.79	Pakistan
Basil Herb	Ocimum basilicum		£1.59	£4.45	£9.49	£14.49	Egypt
Bay Leaves	Laurus nobilis		£2.15	£5.99	£12.89	£19.69	Turkey
Bearberry (Uva Ursi)	Arctostaphylos uva-ursi		£3.69	£10.49	£22.35	£34.09	Spain
Bilberry Fruit Powder	Vaccinium myrtillus		£8.25	£23.59	£50.15	£76.59	Europe
Bilberry Herb	Vaccinium myrtillus		£3.75	£10.75	£22.89	£34.95	Albania
Bilberry Herb Powder	Vaccinium myrtillus		£3.59	£10.29	£21.89	£33.45	Europe
Birch Leaves	Betula pubescens (=alba) or B. pendula		£2.35	£6.69	£14.25	£21.75	Europe
Bistort Root	Bistorta officinalis (=Polygonum bistorta)		£4.95	£14.15	£30.15	£45.99	Poland
Black Seeds (Black Cumin) (Organic)	Nigella sativa		£1.99	£6.19	£13.15	£22.39	Egypt
Black Poplar Buds (Balm of Gilead)	Populus nigra		£4.99	£14.19	£30.19	£46.15	Romania
Black Walnut Hulls (Walnut)	Juglans nigra		£5.45	£15.59	£33.09	£50.59	USA
Blackberry Leaves	Rubus fruticosus		£3.79	£10.79	£22.99	£35.09	Albania
Blackcurrant Leaves	Ribes nigrum		£3.99	£11.59	£24.59	£37.59	EU
Bladderwrack	Fucus vesiculosus		£2.15	£5.99	£12.89	£19.69	France
Blade Mace (Mace Blades)	Myristica fragrans		£6.99	£19.99	£42.69	£65.19	Costa Rica
Blessed Thistle (Holy Thistle)	Cnicus benedictus		£2.69	£7.65	£16.29	£24.89	Hungary
Blood Root	Sanguinaria canadensis	£5.59	£12.69	£36.25	£77.15	£117.85	USA
Blue Flag Root	Iris versicolor		£3.95	£11.25	£23.95	£36.59	Italy
Blue Mallow (Mallow)	Malva sylvestris		£7.75	£22.15	£51.15	£71.89	Poland / Serbia
Bogbean Leaves	Menyanthes trifoliata		£6.39	£18.29	£38.95	£59.45	Poland
Boldo Leaves	Peumus boldus		£3.75	£10.75	£22.89	£34.95	Chile / China
Boneset Herb	Eupatorium perfoliatum		£2.75	£7.85	£16.75	£25.59	Hungary
Borage Herb* (Starflower)	Borago officinalis		£2.65	£7.45	£15.85	£24.25	Poland

## В

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Broom Tops	Cytisus scoparius		£2.99	£8.49	£18.09	£27.59	France
Buchu Leaves	Agathosma (=Barosma) betulina	£6.85	£15.45	£44.19	£93.99	£143.65	S. Africa
Buckthorn Bark	Rhamnus cathartica		£2.15	£6.09	£12.99	£19.79	Poland
Bugleweed Herb, European	Lycopus europaeus		£7.65	£21.79	£46.39	£70.85	Romania
Burdock Herb	Arctium lappa		£3.99	£11.59	£24.59	£37.59	Balkans
Burdock Root	Arctium lappa		£2.49	£7.09	£15.09	£22.99	China
Butcher's Broom Root	Ruscus aculeatus		£3.99	£11.59	£24.69	£37.69	Turkey / Bulgaria

#### C

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Calamus Root (Sweet Flag)	Acorus calamus		£4.45	£12.69	£26.99	£41.25	Ukraine
Calendula (Marigold)	Calendula officinalis		£2.29	£6.59	£13.95	£21.29	Egypt
California Poppy Herb	Eschscholzia californica		£3.95	£11.19	£23.85	£36.39	France
Carageenan (Irish Moss, Organic)	Chondrus crispus		£4.49	£12.19	£25.59	£38.99	Ireland
Carageenan (Irish Moss, Purple, Organic)	Chondrus crispus		£5.35	£15.35	£32.49	£49.79	Ireland
Caraway Seeds	Carum carvi		£1.85	£5.29	£11.29	£17.19	Poland
Caraway Seed Powder	Carum carvi		£2.19	£6.25	£13.29	£20.35	EU
Cardamon Powder	Elettaria cardamomum		£5.09	£14.49	£30.85	£47.09	Guatemala
Cardamon Pods	Elettaria cardamomum		£8.35	£23.85	£50.75	£77.59	Guatemala
Cascara Sagrada Bark	Rhamnus purshiana		£4.35	£12.45	£26.49	£40.49	USA
Cascara Sagrada Bark Powder	Rhamnus purshiana		£4.29	£12.19	£25.95	£39.65	USA
Cassava (Arrowroot, Manioc)	Manihot esculenta		£1.69	£4.79	£10.19	£15.59	Brazil
Cassia Bark (Cinnamon)	Cinnamomum cassia (=aromaticum)		£3.15	£8.89	£18.95	£28.89	Indonesia
Cassia Bark Powder (Cinnamon)	Cinnamomum cassia (=aromaticum)		£1.85	£5.29	£11.29	£17.19	Indonesia
Catmint Herb (Catnip)	Nepeta cataria		£4.59	£12.99	£27.79	£42.45	France
Cat's Claw Bark	Uncaria tomentosa		£4.15	£11.85	£25.25	£38.59	Peru
Cat's Claw Bark Powder	Uncaria tomentosa		£4.75	£13.59	£28.85	£43.99	Peru
Cayenne Pepper Powder	Capsicum annuum & C. frutescens		£1.65	£4.69	£9.99	£15.25	India
Celery Seeds	Apium graveolens		£1.49	£4.25	£8.99	£13.85	India
Centaury Herb	Centaurium erythraea		£2.75	£7.75	£16.49	£25.19	Morocco
Chamomile Flowers, German	Matricaria chamomilla (=recutita)		£3.65	£10.35	£21.99	£33.65	Egypt
Chamomile Flowers, Roman	Chamaemelum nobile (=Anthemis nobilis)		£8.79	£25.15	£53.59	£81.75	France
Chamomile Flowers Powder, German	Matricaria chamomilla (=recutita)		£2.25	£6.45	£13.75	£20.99	Egypt
Charcoal Powder, Activated	From coconut shells		£2.85	£8.09	£17.25	£26.29	Malaysia
Chaste Tree Berries (Agnus Castus)	Vitex agnus-castus		£1.99	£5.69	£12.15	£18.49	Morocco
Chaste Tree Berry Powder (Agnus Castus)	Vitex agnus-castus		£2.19	£6.29	£13.39	£20.45	Morocco
Chickweed Herb	Stellaria media		£2.65	£7.59	£16.09	£24.59	Bulgaria
Chicory Root	Cichorium intybus		£1.85	£5.25	£11.19	£17.09	India
Chicory Root Powder	Cichorium intybus		£3.19	£9.15	£19.49	£29.75	Poland
Chillies	Capsicum frutescens, C. anuum		£1.69	£4.75	£10.15	£15.45	India
Cinnamon Bark, Cassia	Cinnamomum cassia (=aromaticum)		£3.15	£8.89	£18.95	£28.89	Indonesia
Cinnamon Bark Powder, Cassia	Cinnamomum cassia (=aromaticum)		£1.85	£5.29	£11.29	£17.19	Indonesia
Cinnamon Bark Powder, True (Ceylon)	Cinnamomum verum (=zeylanicum)		£2.19	£6.25	£13.29	£20.35	Sri Lanka
Cinnamon Quills, Cassia	Cinnamomum cassia (=aromaticum)		£2.45	£6.95	£14.79	£22.59	Indonesia / Sri Lanka
Cinnamon Sticks, True (Ceylon)	Cinnamomum verum (=zeylanicum)		£5.49	£15.69	£33.39	£50.99	Madagascar / Sri Lanka
Clay	(See CLAYS, page 14)						
Cleavers Herb (Clivers)	Galium aparine		£2.25	£6.39	£13.59	£20.79	Bulgaria
Cloves	Syzygium aromaticum		£3.15	£8.99	£19.15	£29.25	Madagascar
Clove Powder	Syzygium aromaticum		£3.39	£9.65	£20.59	£31.39	Madagascar
Cohosh Root, Black	Cimicifuga racemosa		£9.99	£28.59	£60.85	£92.95	USA
Cohosh Root Powder, Black	Cimicifuga racemosa		£9.65	£27.59	£58.65	£89.59	USA
Cohosh Root, Blue	Caulophyllum thalictroides		£7.35	£20.89	£44.45	£67.89	USA
Coltsfoot Herb*	Tussilago farfara		£2.85	£8.09	£17.25	£26.29	Bulgaria

# C

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Comfrey Herb* (Knitbone)	Symphytum officinale		£3.65	£10.35	£21.99	£33.65	Bulgaria
Comfrey Herb Powder* (Knitbone)	Symphytum officinale		£3.59	£10.19	£21.69	£33.15	Hungary
Comfrey Root* (Knitbone)	Symphytum officinale		£3.75	£10.75	£22.89	£34.95	Bulgaria
Comfrey Root Powder* (Knitbone)	Symphytum officinale		£3.89	£10.99	£23.59	£35.95	Europe
Coneflower Root (Echinacea Angustifolia)	Echinacea angustifolia	£6.25	£14.25	£40.59	£86.39	£131.95	Germany
Coriander Seeds	Coriandrum sativum		£1.39	£3.95	£8.45	£12.85	Morocco
Coriander Seed Powder	Coriandrum sativum		£1.39	£3.95	£8.45	£12.85	Spain
Cornflowers	Centaurea cyanus	£2.09	£4.75	£13.59	£30.65	£43.95	Albania
Cornsilk	Zea mays		£2.65	£7.59	£16.09	£24.59	Poland / Bulgaria
Couch Grass Root (Dog Grass)	Agropyron repens		£2.09	£5.99	£12.75	£19.49	Albania
Cowslip Flowers	Primula veris		£9.15	£26.15	£55.65	£84.99	Romania
Cramp Bark	Viburnum opulus		£3.75	£10.65	£22.69	£34.65	India
Cranesbill Root, American	Geranium maculatum	£3.99	£9.15	£26.15	£55.65	£84.99	USA
Cranesbill Herb (Herb Robert)	Geranium robertianum		£3.95	£11.25	£23.95	£36.59	USA
Cumin Seeds (Jeera)	Cuminum cyminum		£2.25	£6.39	£13.59	£20.79	India
Cumin Seed Powder (Jeera)	Cuminum cyminum		£1.59	£4.59	£9.79	£14.95	Turkey / India
Curry Powder, Medium (Madras)	Coriander, Turmeric, Fenugreek, Chilli, Sea Salt, Garlic, Fennel, Cumin, Mustard, Black Pepper		£1.85	£5.25	£11.19	£17.09	Blended UK

## D

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Damiana Leaves	Turnera diffusa		£3.85	£10.95	£23.29	£35.59	Mexico
Damiana Leaf Powder	Turnera diffusa		£5.25	£14.99	£31.99	£48.95	Mexico
Dandelion Herb	Taraxacum officinale		£2.19	£6.29	£13.39	£20.45	Bulgaria
Dandelion Herb Powder	Taraxacum officinale		£4.75	£13.59	£28.85	£43.99	Poland
Dandelion Root	Taraxacum officinale		£3.35	£9.59	£20.35	£30.99	Various
Dandelion Root Powder	Taraxacum officinale		£3.95	£11.29	£23.99	£36.69	Various
Devil's Claw Root	Harpagophytum procumbens		£3.65	£10.39	£22.15	£33.79	Namibia / S Africa
Devil's Claw Root Powder	Harpagophytum procumbens		£4.29	£12.19	£25.95	£39.65	Namibia
Dill Seeds	Anethum graveolens		£1.75	£4.99	£10.65	£16.25	India
Dill Weed	Anethum graveolens		£3.75	£10.59	£22.59	£34.45	Germany
Dog Grass (Couch Grass)	Agropyron repens		£2.09	£5.99	£12.75	£19.49	Albania
Dragon's Blood Powder	Daemonorops draco	£13.25	£29.99	£85.79	£182.59	£278.85	Indonesia

## E

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Echinacea Angustifolia Root (Coneflower)	Echinacea angustifolia	£6.25	£14.25	£40.59	£86.39	£131.95	Germany
Echinacea Purpurea Powder	Echinacea purpurea		£3.89	£10.99	£23.59	£35.95	EU
Elder Flowers	Sambucus nigra		£4.09	£11.65	£24.79	£37.89	Poland
Elder Leaves	Sambucus nigra		£3.79	£10.85	£23.09	£35.29	EU
Elderberries	Sambucus nigra		£3.09	£8.85	£18.85	£28.79	Europe
Elecampane Root	Inula helenium		£3.09	£8.85	£18.85	£28.79	Bulgaria
Eucalyptus Leaves	Eucalyptus globulus		£1.79	£4.99	£10.75	£16.45	EU / India
Eyebright Herb	Euphrasia officinalis		£3.65	£10.45	£22.25	£33.99	Bulgaria
Eyebright Herb Powder	Euphrasia officinalis		£6.09	£17.39	£36.99	£56.59	Europe

# F

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Fennel Herb	Foeniculum vulgare		£2.59	£7.19	£15.29	£23.39	Spain / Egypt
Fennel Seeds	Foeniculum vulgare		£1.45	£4.09	£8.75	£13.29	India / Egypt
Fennel Seed Powder	Foeniculum vulgare		£1.49	£4.29	£9.15	£13.95	India
Fenugreek Seeds (Methi)	Trigonella foenum-graecum		£1.35	£3.75	£7.99	£12.19	India
Fenugreek Seed Powder (Methi)	Trigonella foenum-graecum		£1.29	£3.65	£7.79	£11.89	India

# F

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Feverfew Herb	Tanacetum parthenium		£3.65	£10.45	£22.25	£33.99	EU
Feverfew Herb Powder	Tanacetum parthenium		£5.15	£14.75	£31.39	£47.95	EU
Figwort Herb	Scrophularia nodosa		£7.09	£20.19	£42.99	£65.65	USA
Fleabane (Mountain Tea)	Sideritis scardica		£3.75	£10.65	£22.69	£34.65	Macedonia
Fringetree Bark	Chionanthus virginicus	£8.45	£19.19	£54.85	£116.75	£178.29	USA
Fumitory Herb	Fumaria officinalis		£4.35	£12.29	£26.15	£39.95	EU

# G

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Galangal Root	Alpinia officinarum		£2.99	£8.65	£18.45	£28.15	China
Garam Masala Powder	Coriander Seed, Cumin Seed, Cassia, Ginger, Black Pepper & Cloves		£1.85	£5.29	£11.29	£17.19	Blended UK
Garlic Powder	Allium sativum		£1.25	£3.49	£7.45	£11.35	China
Gentian Root	Gentiana lutea		£5.59	£15.95	£33.95	£51.85	EU
Gentian Root Powder	Gentiana lutea		£7.59	£21.59	£45.85	£69.99	Various
Ginger Root	Zingiber officinale		£1.59	£4.59	£9.69	£14.79	Nigeria
Ginger Root Powder	Zingiber officinale		£1.85	£5.25	£11.19	£17.09	India
Ginkgo Leaves (Maidenhair Tree)	Ginkgo biloba		£2.85	£8.15	£17.35	£26.49	China
Ginkgo Leaf Powder (Maidenhair Tree)	Ginkgo biloba		£3.19	£9.09	£19.35	£29.59	China
Ginseng Root Powder, Korean	Panax ginseng	£6.69	£15.15	£43.29	£92.15	£140.69	China
Ginseng Root Powder, Siberian	Eleutherococcus senticosus		£3.25	£9.25	£19.69	£30.09	China
Ginseng Root, White Korean	Panax ginseng	£5.85	£13.25	£37.85	£80.59	£122.99	China
Goat's Rue Herb	Galega officinalis		£3.25	£9.29	£19.79	£30.19	Bulgaria
Goldenrod Herb, Giant	Solidago gigantea		£2.25	£6.39	£13.59	£20.79	Hungary
Gotu Kola (Hydrocotyle)	Centella asiatica		£2.89	£8.19	£17.45	£26.65	Madagascar
Gotu Kola Powder (Hydrocotyle)	Centella asiatica		£5.79	£16.59	£35.25	£53.79	India
Gravel Root	Eutrochium (=Eupatorium) purpureum		£8.35	£23.75	£50.59	£77.19	USA
Grindelia Herb (Gumweed)	Grindelia robusta		£4.25	£11.99	£25.65	£39.19	France
Ground Ivy Herb	Glechoma hederacea		£4.45	£12.69	£26.99	£41.25	Europe
Gumweed (Grindelia)	Grindelia robusta		£4.25	£11.99	£25.65	£39.19	France
Guinea Pepper (Grains of Paradise)	Aframomum melegueta		£6.89	£19.65	£41.85	£63.89	Africa

# Η

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Continion Name	Latiii Naille	iog	zoy				
Hawthorn Berries	Crataegus sp.		£2.45	£6.95	£14.79	£22.59	EU
Hawthorn Berry Powder	Crataegus sp.		£3.69	£10.59	£22.45	£34.29	Albania
Hawthorn Tops	Crataegus sp.		£2.39	£6.79	£14.45	£22.09	EU
Heartsease Herb (Wild Pansy)	Viola tricolor		£2.95	£8.35	£17.79	£27.15	EU
Heather Flowers	Calluna vulgaris		£4.69	£13.35	£28.45	£43.39	Poland
Henna Powder, Black	Indigofera tinctoria		£2.89	£8.29	£17.65	£26.95	Iran
Henna Powder, Red	Lawsonia inermis		£2.35	£6.65	£14.15	£21.65	India
Henna Powder, Neutral	Senna italica (=Cassia obovata)		£3.65	£10.35	£21.99	£33.65	India
Herb Robert (Cranesbill)	Geranium robertianum		£3.95	£11.25	£23.95	£36.59	USA
Hibiscus Flowers (Jamaican Sorrel)	Hibiscus sabdariffa		£2.45	£6.95	£14.79	£22.59	Africa
Holy Thistle Herb (Blessed Thistle)	Cnicus benedictus		£2.69	£7.65	£16.29	£24.89	Hungary
Hops	Humulus lupulus		£3.35	£9.59	£20.35	£30.99	Germany
Horehound, Black	Ballota nigra		£3.45	£9.75	£20.75	£31.69	Hungary / Albania
Horehound, White	Marrubium vulgare		£3.65	£10.35	£21.99	£33.65	Bulgaria / Poland
Horseradish Root Powder	Armoracia rusticana		£4.49	£12.85	£27.35	£41.79	China
Horsetail Herb	Equisetum arvense		£2.45	£6.95	£14.79	£22.59	Spain
Horsetail Herb Powder	Equisetum arvense		£4.89	£13.95	£29.69	£45.35	Europe

# Н

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Hydrangea Root	Hydrangea arborescens		£8.35	£23.85	£50.75	£77.59	USA
Hydrocotyle Herb (Gotu Kola)	Centella asiatica		£2.89	£8.19	£17.45	£26.65	Madagascar
Hydrocotyle Herb Powder (Gotu Kola)	Centella asiatica		£5.79	£16.59	£35.25	£53.79	India
Hyssop Herb	Hyssopus officinalis		£2.29	£6.49	£13.85	£21.09	Hungary

#### Ι

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Irish Moss (Carageenan, Organic)	Chondrus crispus		£4.49	£12.19	£25.59	£38.99	Ireland
Irish Moss, Purple (Carageenan, Organic)	Chondrus crispus		£5.35	£15.35	£32.49	£49.79	Ireland
Irish Moss Powder (Carageenan)	Chondrus crispus		£7.09	£20.25	£43.09	£65.85	France
Ispaghula Husks (Psyllium)	Plantago ovata		£4.35	£12.29	£26.15	£39.95	India

#### J

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Jamaican Dogwood Root Bark	Piscidia piscipula (=erythrina)		£4.85	£13.79	£29.35	£44.85	Jamaica
Jamaican Sorrel (Hibiscus)	Hibiscus sabdariffa		£2.45	£6.95	£14.79	£22.59	Africa
Jasmine Flowers	Jasminum officinale		£3.99	£11.45	£24.39	£37.25	China
Juniper Berries	Juniperus communis		£3.69	£10.59	£22.59	£34.45	Italy

# K

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Kelp Powder, Norwegian	Ascophyllum nodosum		£1.85	£5.19	£10.99	£16.89	France
Knitbone Herb* (Comfrey)	Symphytum officinale		£3.65	£10.35	£21.99	£33.65	Bulgaria
Knitbone Herb Powder* (Comfrey)	Symphytum officinale		£3.59	£10.19	£21.69	£33.15	Hungary
Knitbone Root* (Comfrey)	Symphytum officinale		£3.75	£10.75	£22.89	£34.95	Bulgaria
Knitbone Root Powder* (Comfrey)	Symphytum officinale		£3.89	£10.99	£23.59	£35.95	Europe
Knotgrass Herb	Polygonum aviculare		£2.25	£6.35	£13.59	£20.65	Czech Rep.

# L

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Lady's Bedstraw Herb	Galium verum		£3.25	£9.19	£19.59	£29.89	Hungary
Lady's Mantle Herb	Alchemilla vulgaris		£3.79	£10.79	£22.99	£35.09	Turkey
Lapacho Bark (Pau D'arco)	Handroanthus (=Tabebuia) impetiginosus		£2.99	£8.49	£18.09	£27.59	Brazil
Lavender Flowers	Lavandula sp.		£4.15	£11.79	£25.09	£38.35	France
Lemon Balm Herb (Balm, Melissa)	Melissa officinalis		£2.59	£7.35	£15.65	£23.89	EU
Lemon Peel	Citrus limon		£2.89	£8.19	£17.45	£26.65	Turkey
Lemon Verbena Leaves	Aloysia citriodora (=triphylla)		£4.49	£12.79	£27.25	£41.59	Morocco
Lemongrass Herb	Cymbopogon citratus		£2.25	£6.35	£13.59	£20.65	Egypt
Lime Flowers (Linden Blossom)	Tilia tomentosa, T. europaea, or T. cordata depending on supply		£5.35	£15.19	£32.35	£49.39	Bulgaria
Liquorice Root Sticks	Glycyrrhiza glabra		£3.89	£11.09	£23.59	£35.99	Iran
Liquorice Root, Decorticated	Glycyrrhiza glabra		£2.75	£7.75	£16.49	£25.19	China
Liquorice Root Powder	Glycyrrhiza glabra		£2.15	£5.99	£12.89	£19.69	Spain
Lucerne Herb (Alfalfa)	Medicago sativa		£1.99	£5.75	£12.25	£18.69	Hungary
Lucerne Seeds (Alfalfa)	Medicago sativa		£3.25	£9.29	£19.79	£30.19	Italy
Lungwort Herb	Pulmonaria officinalis		£3.85	£10.99	£23.39	£35.75	EU

# $\mathbf{M}$

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Mace Blades (Blade Mace)	Myristica fragrans		£6.99	£19.99	£42.69	£65.19	Costa Rica
Madras (Curry)	Coriander, Turmeric, Fenugreek, Chilli, Sea Salt, Garlic, Fennel, Cumin, Mustard, Black Pepper		£1.85	£5.25	£11.19	£17.09	Blended UK
Maidenhair Tree (Ginkgo Leaf)	Ginkgo biloba		£2.85	£8.15	£17.35	£26.49	China

# M

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Maidenhair Tree Powder (Ginkgo Leaf)	Ginkgo biloba		£3.19	£9.09	£19.35	£29.59	China
Mallow Flowers, Blue (Blue Mallow)	Malva sylvestris		£7.75	£22.15	£51.15	£71.89	Poland / Serbia
Mallow Herb	Malva sylvestris		£4.59	£12.99	£27.79	£42.45	Bulgaria
Marigold Flowers (Calendula)	Calendula officinalis		£2.29	£6.59	£13.95	£21.29	Egypt
Marigold Petals (Calendula)	Calendula officinalis		£2.75	£7.85	£16.75	£25.59	Egypt
Marjoram Herb, Sweet	Origanum majorana		£1.75	£4.99	£10.65	£16.25	Egypt
Marshmallow Herb	Althaea officinalis		£2.99	£8.45	£17.99	£27.49	Bulgaria / Poland
Marshmallow Herb Powder	Althaea officinalis		£2.95	£8.39	£17.85	£27.29	
Marshmallow Root	Althaea officinalis		£3.19	£9.09	£19.35	£29.59	Bulgaria / Poland
Marshmallow Root Powder	Althaea officinalis		£3.75	£10.65	£22.69	£34.65	Europe
Meadowsweet Herb	Filipendula ulmaria		£2.15	£6.09	£12.99	£19.79	Poland / Hungary
Meadowsweet Herb Powder	Filipendula ulmaria		£2.89	£8.29	£17.65	£26.95	Europe
Meadowsweet Compound Powder	Meadowsweet, charcoal, caraway, rhubarb, aniseed & cinnamon		£2.89	£8.25	£17.59	£26.85	
Melilot Herb (Sweet Clover)	Melilotus officinalis		£3.75	£10.69	£22.75	£34.75	Europe
Melissa (Balm, Lemon Balm)	Melissa officinalis		£2.59	£7.35	£15.65	£23.89	EU
Milkthistle Seeds	Silybum marianum (=Carduus marianus)		£1.89	£5.39	£11.49	£17.59	Ukraine
Milkthistle Seed Powder	Silybum marianum (=Carduus marianus)		£2.59	£7.19	£15.29	£23.39	Europe
Mint Herb, Garden (Spearmint)	Mentha piperita		£1.89	£5.35	£11.39	£17.39	Egypt
Mistletoe Herb	Viscum album		£2.59	£7.39	£15.75	£23.99	Romania / Bulgaria
Mixed Herbs	Basil, Marjoram, Oregano, Parsley, Sage and Thyme		£2.45	£6.95	£14.79	£22.59	Blended UK
Mixed Spice Powder	Coriander Seed, Cinnamon (Verum), Ginger, Mustard, Nutmeg, Fennel, Clove & Cardamom		£2.19	£6.29	£13.39	£20.45	Blended UK
Moringa Leaves	Moringa oleifera		£4.75	£13.59	£28.85	£43.99	Various
Moringa Leaf Powder	Moringa oleifera		£3.35	£9.49	£20.19	£30.85	Paraguay
Moringa Seeds	Moringa oleifera	£4.65	£10.49	£29.95	£63.75	£97.35	India
Motherwort Herb	Leonurus cardiaca		£2.69	£7.59	£16.15	£24.69	Poland
Motherwort Herb Powder	Leonurus cardiaca		£3.59	£10.15	£21.59	£32.99	Germany / Poland
Mountain Ash Berries (Rowan Berries)	Sorbus aucuparia		£2.89	£8.19	£17.45	£26.65	Bulgaria
Mountain Tea Herb (Fleabane)	Sideritis scardica		£3.75	£10.65	£22.69	£34.65	Macedonia
Mouse-Ear Hawkweed Herb	Pilosella officinarum		£5.29	£15.09	£32.15	£48.99	Bulgaria
Mugwort Herb	Artemisia vulgaris		£2.35	£6.69	£14.25	£21.75	Hungary
Muira Puama Bark	Ptychopetalum olacoides		£2.85	£8.09	£17.25	£26.29	Brazil
Muira Puama Bark Powder	Ptychopetalum olacoides		£3.49	£9.89	£20.99	£32.15	Brazil
Mullein Herb, Great	Verbascum thapsus		£2.35	£6.65	£14.15	£21.65	Bulgaria
Mullein Flowers, Great	Verbascum thapsus		£6.79	£19.39	£41.29	£62.99	Egypt
Mustard Seeds, Black	Brassica juncea		£1.49	£4.29	£9.15		Canada / India
Mustard Seeds, White	Sinapis alba (=Brassica hirta)		£3.35	£9.59	£20.45	£31.19	Ukraine
Mustard Seed Powder, Mix	Brassica juncea & Sinapis alba		£2.95	£8.29	£17.65	£26.95	Canada

# N

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Nettle Root	Urtica dioica		£3.75	£10.59	£22.59	£34.45	Bulgaria / Serbia
Nettle Root Powder	Urtica dioica		£4.59	£13.15	£27.99	£42.75	Europe
Nettle Herb	Urtica dioica		£2.25	£6.39	£13.59	£20.79	Europe
Nettle Seeds (Organic)	Urtica dioica		£6.15	£18.85	£40.09	£68.25	EU
Nutmeg Powder	Myristica fragrans		£3.59	£10.15	£21.59	£32.99	Indonesia
Nutmegs, Whole	Myristica fragrans		£3.99	£11.39	£24.25	£36.99	Indonesia

## O

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Oak Bark	Quercus robur		£2.85	£8.15	£17.35	£26.49	Hungary
Oak Bark Powder	Quercus robur		£4.19	£11.89	£25.29	£38.65	Europe
Oat Straw (Avena Sativa, Oats)	Avena sativa		£2.65	£7.59	£16.09	£24.59	Europe
Oats (Avena Sativa, Oat Straw)	Avena sativa		£2.65	£7.59	£16.09	£24.59	Europe
Olive Leaves	Olea europaea		£1.75	£4.95	£10.59	£16.09	Spain
Orange Flowers, Sweet	Citrus x sinensis	£5.69	£12.89	£36.85	£78.45	£119.79	Iran / Spain
Orange Peel, Sweet	Citrus x sinensis		£1.95	£5.59	£11.89	£18.19	Turkey
Orange Slices Dried, Sweet	Citrus x sinensis		£3.69	£10.59	£22.59	£34.45	S. Africa
Oregano Herb	Origanum vulgare or Origanum onites (Wild or Pot marjoram)		£1.95	£5.59	£11.85	£17.99	Turkey
Oregon Mountain Grape Root	Mahonia (=Berberis) aquifolium		£7.09	£20.25	£43.09	£65.85	USA
Orris Root Powder	Iris x germanica		£5.99	£17.15	£36.49	£55.75	Morocco

# P

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Pansy, Wild (Heartsease)	Viola tricolor		£2.95	£8.35	£17.79	£27.15	EU
Papaya Leaves Powder	Carica papaya		£3.89	£10.99	£23.59	£35.95	India
Paprika Powder	Capsicum annuum		£1.49	£4.29	£9.15	£13.95	Spain
Paprika Powder, Smoked	Capsicum annuum		£3.19	£9.15	£19.49	£29.75	Spain
Parsley Herb	Petroselinum crispum		£2.39	£6.75	£14.39	£21.95	UK
Partridge Berry Herb (Squaw Vine)	Mitchella repens	£5.49	£12.49	£35.59	£75.75	£115.69	USA
Passiflora Herb (Passion Flower)	Passiflora incarnata		£2.79	£7.89	£16.79	£25.65	Italy
Patchouli Leaves	Pogostemon cablin		£5.49	£15.65	£33.29	£50.89	Indonesia
Pau D'Arco Bark (Lapacho)	Handroanthus (=Tabebuia) impetiginosus		£2.99	£8.49	£18.09	£27.59	Brazil
Pellitory-of-the-wall Herb, Eastern	Parietaria officinalis		£3.65	£10.45	£22.25	£33.99	Italy
Pennyroyal Herb, European	Mentha pulegium		£3.65	£10.39	£22.15	£33.79	Morocco / Hungary
Peony Petals	Paeonia officinalis		£8.19	£23.35	£53.99	£75.85	Bulgaria
Pepper Powder, Black	Piper nigrum		£3.15	£8.95	£18.99	£29.09	Brazil
Peppercorns, Black	Piper nigrum		£3.89	£10.99	£23.59	£35.95	Vietnam
Peppercorns, Pink	Schinus terebinthifolius		£4.85	£13.79	£29.35	£44.85	Brazil
Peppermint Herb	Mentha x piperita		£1.95	£5.59	£11.85	£17.99	Poland
Pickling Spice	Coriander, Yellow Mustard Seed, Ginger, Cassia, Bay leaves, Cloves, Allspice, Birds Eye Chilies & Black Peppercorns		£1.99	£5.79	£12.35	£18.85	Mixed in UK
Pimento Berries (Allspice)	Pimenta dioica (=officinalis)		£2.95	£8.39	£17.85	£27.29	C. America
Pimento Berry Powder (Allspice)	Pimenta dioica (=officinalis)		£2.35	£6.69	£14.25	£21.75	Mexico
Pipsissewa Herb (Prince's Pine)	Chimaphila umbellata		£10.25	£29.29	£62.35	£95.19	USA
Plantain Herb, Narrowleaf	Plantago lanceolata		£2.75	£7.85	£16.75	£25.59	Poland
Plantain Herb Powder, Broadleaf	Plantago major		£3.75	£10.69	£22.75	£34.75	EU
Poke Root	Phytolacca americana (=decandra)		£7.35	£20.99	£44.69	£68.25	Various
Polypody Root	Polypodium vulgare		£5.65	£16.15	£34.39	£52.49	Bosnia
Poppy Seeds	Papaver somniferum		£1.85	£5.29	£11.29	£17.19	Czech Rep.
Prickly Ash Bark	Zanthoxylum clava-herculis		£5.59	£15.85	£33.75	£51.59	USA
Prince's Pine (Pipsissewa)	Chimaphila umbellata		£10.25	£29.29	£62.35	£95.19	USA
Psyllium Seeds, Blonde	Plantago ovata		£2.99	£8.45	£17.99	£27.49	India
Psyllium Seeds, Dark	Plantago psyllium		£2.99	£8.75	£18.65	£28.45	Poland
Psyllium Seed Husks (Ispaghula)	Plantago ovata		£4.35	£12.29	£26.15	£39.95	India

# Q

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Quassia Bark, Jamaican	Picrasma excelsa		£3.95	£11.19	£23.85	£36.39	Jamaica

# R

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Raspberry Leaves	Rubus idaeus		£2.39	£6.89	£14.69	£22.39	Bulgaria
Raspberry Leaf Powder	Rubus idaeus		£3.99	£11.35	£24.15	£36.89	Serbia
Red Clover Blossoms	Trifolium pratense		£3.99	£11.45	£24.39	£37.25	Albania
Red Clover Blossom Powder	Trifolium pratense		£4.75	£13.59	£28.85	£43.99	Albania
Rhubarb Root Powder	Rheum plantarum, R. officinale, or a hybrid between the two		£4.59	£13.15	£27.99	£42.75	China
Rose Buds, Pink	Rosa x centifolia		£6.99	£19.99	£45.99	£64.95	Morocco
Rose Buds, Red	Rosa x centifolia		£8.25	£23.49	£54.45	£76.35	Pakistan
Rose Buds, Yellow	Rosa x damascena		£5.49	£15.69	£35.75	£50.95	Iran
Rose Petals, Red	Rosa x centifolia/Rosa gallica		£3.15	£8.95	£16.85	£28.99	Pakistan
Rosehip Granules	Rosa canina		£2.95	£8.29	£17.65	£26.95	Chile / China
Rosehips, Whole	Rosa canina		£2.09	£5.99	£12.75	£19.49	Various
Rosemary Herb	Rosmarinus officinalis		£1.45	£3.99	£8.65	£13.19	Spain
Rosemary Herb Powder	Rosmarinus officinalis		£1.49	£4.29	£9.15	£13.95	Spain
Rowan Berries (Mountain Ash)	Sorbus aucuparia		£2.89	£8.19	£17.45	£26.65	Bulgaria
Rue Herb	Ruta graveolens		£3.39	£9.69	£20.65	£31.49	Poland

# S

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Saffron Threads, Box of 1g	Crocus sativus	£6.35	EACH				Spain
Sage Herb	Salvia officinalis & S. fruticosa (=triloba)		£1.65	£4.69	£9.99	£15.25	Turkey
Sage Herb Powder	Salvia officinalis & S. fruticosa (=triloba)		£3.09	£8.75	£18.65	£28.45	Turkey
Sage Herb Powder, Red Garden	Saliva officinalis (Red cultivar)		£4.29	£12.19	£25.95	£39.65	Albania
Sarsaparilla Root	Smilax officinalis		£4.59	£12.99	£27.79	£42.45	Mexico
Sarsaparilla Root Powder	Smilax officinalis		£8.69	£24.85	£52.89	£80.79	Mexico
Saw Palmetto Berries	Serenoa repens (=Sabal serrulata)	£5.59	£12.65	£36.15	£76.95	£117.49	USA
Saw Palmetto Berry Powder	Serenoa repens (=Sabal serrulata)	£6.15	£13.99	£39.95	£84.99	£129.85	USA
Scullcap Herb	Scutellaria lateriflora		£11.99	£34.45	£73.29	£111.99	USA
Scullcap Herb Powder	Scutellaria lateriflora		£8.79	£25.09	£53.39	£81.59	USA
Self Heal Herb	Prunella vulgaris		£7.29	£20.75	£44.15	£67.45	China
Senna Leaves	Senna alexandrina (=Cassia senna/angustifolia)		£1.69	£4.85	£10.35	£15.79	India
Senna Leaf Powder	Senna alexandrina (=Cassia senna/angustifolia)		£3.39	£9.69	£20.65	£31.49	India
Senna Pods	Senna alexandrina (=Cassia senna/ angustifolia)		£1.99	£5.65	£11.99	£18.39	India
Shepherd's Purse Herb	Capsella bursa-pastoris		£2.35	£6.75	£14.39	£21.95	EU
Slippery Elm Bark Powder	Ulmus rubra		£9.59	£27.45	£58.45	£89.25	USA
Small Flowered Willow Herb	Epilobium parviflorum		£3.79	£10.79	£22.99	£35.09	Serbia
Soapwort Herb	Saponaria officinalis		£4.35	£12.29	£26.15	£39.95	Bulgaria
Soapwort Root	Saponaria officinalis		£3.65	£10.39	£22.15	£33.79	Bulgaria
Southernwood Herb	Artemisia abrotanum		£3.39	£9.65	£20.59	£31.39	Poland
Speedwell Herb	Veronica officinalis		£2.49	£7.15	£15.25	£23.25	Bulgaria
Squaw Vine (Partridge Berry)	Mitchella repens	£5.49	£12.49	£35.59	£75.75	£115.69	USA
Star Anise	Illicium verum		£5.15	£14.59	£30.99	£47.45	Vietnam
Starflower Herb* (Borage)	Borago officinalis		£2.65	£7.45	£15.85	£24.25	Poland
St John's Wort Herb, Common	Hypericum perforatum		£1.99	£5.65	£11.99	£18.39	Poland
Strawberry Leaves	Fragaria vesca		£2.89	£8.25	£17.59	£26.85	Bulgaria
Sweet Flag (Calamus Root)	Acorus calamus		£4.45	£12.69	£26.99	£41.25	Ukraine

# T

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Tansy Herb	Tanacetum vulgare		£3.65	£10.35	£21.99	£33.65	EU
Tarragon Herb	Artemisia dracunculus		£3.99	£11.59	£24.59	£37.59	EU
Thuja Leaves (Tree of Life)	Thuja occidentalis		£4.89	£13.89	£29.59	£45.15	EU / USA
Thyme Herb	Thymus vulgaris		£1.45	£3.99	£8.65	£13.19	N. Africa
Thyme Herb, Lemon	Thymus citriodorus	£6.15	£13.95	£39.75	£84.59	£129.19	Spain
Thyme Herb, Wild	Thymus serpyllum		£2.59	£7.25	£15.45	£23.59	Europe
Tonquin Beans (Tonka)	Dipteryx odorata	£5.15	£11.65	£33.19	£70.65	£107.89	Brazil
Tormentil Root	Potentilla erecta		£5.75	£16.29	£34.69	£52.95	Europe
Tormentil Root Powder	Potentilla erecta		£5.99	£17.19	£36.59	£55.89	Poland
Turmeric Root Powder	Curcuma longa		£1.75	£4.99	£10.65	£16.25	India
Tree of Life Leaves (Thuja)	Thuja occidentalis		£4.89	£13.89	£29.59	£45.15	EU / USA

# U

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Uva Ursi Leaves (Bearberry)	Arctostaphylos uva-ursi		£3.69	£10.49	£22.35	£34.09	Spain

# V

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Valerian Root	Valeriana officinalis		£3.59	£10.15	£21.59	£32.99	Poland
Valerian Root Powder	Valeriana officinalis		£3.79	£10.75	£22.89	£34.95	Poland
Vanilla Pods Each	Vanilla planifolia	£3.25 EACH					Various
Vervain Herb	Verbena officinalis		£2.65	£7.59	£16.09	£24.59	Bulgaria
Vine Leaves	Vitis vinifera		£3.49	£9.95	£21.19	£32.35	Bulgaria
Violet Leaves, Sweet	Viola odorata		£6.15	£17.59	£37.35	£56.99	Italy

# $\mathbf{W}$

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Walnut Leaves	Juglans regia		£3.65	£10.39	£22.15	£33.79	Bulgaria
Walnut Hulls (Black Walnut)	Juglans nigra		£5.45	£15.59	£33.09	£50.59	USA
White Poplar Bark	Populus alba, Populus sp.		£5.99	£17.15	£36.49	£55.75	Poland
White Willow Bark	Salix alba		£2.59	£7.25	£15.45	£23.59	Bulgaria
White Willow Bark Powder	Salix alba		£3.89	£10.99	£23.59	£35.95	Europe
Wild Cherry Bark	Prunus serotina		£5.45	£15.59	£33.19	£50.69	USA
Wild Lettuce Herb	Lactuca virosa		£4.59	£12.89	£27.45	£41.89	Europe
Wild Yam Root	Dioscorea villosa		£3.99	£11.59	£24.59	£37.59	Mexico
Wild Yam Root Powder	Dioscorea villosa		£3.59	£10.29	£21.89	£33.45	Mexico
Witch Hazel Bark	Hamamelis virginiana		£6.39	£18.29	£38.95	£59.45	USA / EU
Witch Hazel Leaves	Hamamelis virginiana		£4.25	£11.99	£25.65	£39.19	USA / EU
Wood Betony Herb	Stachys officinalis		£3.65	£10.35	£21.99	£33.65	Bulgaria
Wood Sage Herb	Teucrium scorodonia		£5.49	£15.75	£33.59	£51.19	Germany
Woodruff Herb	Galium odoratum		£6.65	£18.89	£40.19	£61.39	Europe
Wormwood Herb	Artemisia absinthium		£2.49	£6.99	£14.99	£22.95	EU
Wormwood Herb Powder	Artemisia absinthium		£4.49	£12.85	£27.35	£41.79	Europe

# Y

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Yarrow Herb	Achillea millefolium		£2.49	£6.99	£14.99	£22.95	Hungary
Yarrow Herb Powder	Achillea millefolium		£3.65	£10.29	£21.89	£33.45	EU
Yellow Dock Root	Rumex crispus		£3.45	£9.85	£20.99	£31.99	Various



Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Balm (Lemon Balm, Melissa)	Melissa officinalis		£3.39	£10.45	£22.25	£37.85	EU
Black Seeds (Black Cumin)	Nigella sativa		£1.99	£6.19	£13.15	£22.39	Egypt
Burdock Root	Arctium lappa		£3.29	£10.09	£21.39	£36.45	Poland
Calendula (Marigold)	Calendula officinalis		£3.45	£10.59	£22.45	£38.15	Egypt
Chamomile Flowers (German)	Matricaria recutita (=chamomilla)		£3.65	£11.25		£40.75	Croatia / Egyp
Chickweed Herb	Stellaria media		£3.85	£11.85	£25.19	£42.85	Europe
Cleavers Herb (Clivers)	Galium aparine		£3.29	£10.09	£21.39	£36.45	Bulgaria
Comfrey Herb* (Knitbone)	Symphytum officinale		£3.35	£10.25	£21.85	£37.15	Croatia
Comfrey Root* (Knitbone)	Symphytum officinale		£3.69	£11.39	£24.19	£41.19	Europe
Coneflower Root (Echinacea Angustifolia)	Echinacea angustifolia	£4.15	£9.45	£28.99		£104.95	Germany
Curry Leaves	Murraya koenigii	2 1.10	£3.99	£12.25		£44.25	Sri Lanka
Dandelion Herb	Taraxacum officinale		£3.65	£11.15	£23.75		Poland
Dandelion Root	Taraxacum officinale						Poland / Moroco
		C/ 1F	£3.95	£11.99		£43.65	
Echinacea Root (Angustifolia, Coneflower)	Echinacea angustifolia	£4.15	£9.45	£28.99		£104.95	Germany
Echinacea Root (Purpurea)	Echinacea purpurea		£8.25	£25.35	£53.89	£91.75	Germany
Elderflower	Sambucus nigra		£3.99	£12.45		£44.99	Bosnia / Romar
Guarana Powder			-	£6.99	£12.95	£21.98	Bosnia / Romar
lawthorn Berries	Crataegus sp.		£2.99	£9.39	£19.99	£33.99	Poland
Hawthorn Tops	Crataegus sp.		£3.15	£9.69		£34.99	EU
lorsetail Herb	Equisetum arvense		£3.59	£10.99		£39.99	Europe
rish Moss (Carageenan)	Chondrus crispus		£4.49	£12.19		£38.99	Ireland
rish Moss, Purple (Carageenan)	Chondrus crispus		£5.35	£15.35	£32.49	£49.79	Ireland
(nitbone Herb* (Comfrey)	Symphytum officinale		£3.35	£10.25	£21.85	£37.15	Croatia
(nitbone Root* (Comfrey)	Symphytum officinale		£3.69	£11.39	£24.19	£41.19	Europe
emon Balm Herb (Balm, Melissa)	Melissa officinalis		£3.39	£10.45	£22.25	£37.85	EU
Lime Flowers	Tilia cordata		£6.49	£19.95	£42.45	£72.19	Europe
Liquorice Root	Glycyrrhiza glabra		£3.35	£10.35	£21.95	£37.35	Various
Marigold (Calendula)	Calendula officinalis		£3.45	£10.59	£22.45	£38.15	Egypt
Marshmallow Herb	Althea officinalis		£2.89	£8.85	£18.85	£31.99	Europe
Marshmallow Root	Althea officinalis		£3.45	£10.59	£22.39	£38.09	Europe
Meadowsweet Herb	Filipendula ulmaria		£2.69	£8.25	£17.59	£29.89	EU
Melissa (Balm, Lemon Balm)	Melissa officinalis		£3.39	£10.45	£22.25	£37.85	EU
Milkthistle Seeds	Silybum marianum		£3.35	£10.35		£37.35	EU / Turkey
Mistletoe Herb	Viscum album		£3.29	£10.09	£21.45	£36.49	Poland
Nettle Herb	Urtica dioica		£3.45	£10.59	£22.39	£38.09	EU
Nettle Seeds	Urtica dioica		£6.15	£18.85		£68.25	EU
Dat Tops, Milky	Avena sativa		£3.75	£11.45	£24.35		Poland
Passiflora Herb (Passion Flower)	Passiflora incarnata		£3.65	£11.25		£40.75	EU
Peppermint Herb	Mentha x piperita		£3.39	£10.45	£22.15	£37.69	Various
Raspberry Leaves	Rubus idaeus		£3.45	£10.59		£38.29	Europe
Rosemary Herb	Rosmarinus officinalis		£2.65	£7.99	£17.09	£28.99	Morocco
Sage Herb	Salvia officinalis		£3.35	£10.25	£21.75	£36.95	Europe
Scullcap Herb	Scutellaria lateriflora		£13.59	£41.85		£151.45	USA
•							
Spearmint Herb	Mentha spicata		£3.39	£10.45		£37.69	Egypt
St. John's Wort Herb	Hypericum perforatum		£3.15	£9.65		£34.85	Europe
Furmeric Root Powder	Curcuma longa		£3.39	£10.45	£22.15	£37.69	India / Sri Lank
Valerian Root	Valeriana officinalis		£4.95	£15.19		£54.99	Poland
Vervain (Verbena)	Verbena officinalis		£3.59	£10.99		£39.99	EU
White Willow Bark	Salix alba		£3.49	£10.69	£22.69	£38.59	Poland
Yarrow Herb	Achillea millefolium		£3.29	£10.09	£21.39	£36.45	EU

# **Chinese Herbs**

Common Name	Latin Name	10g	25g	100g	250g	500g	Chinese Name
Astragalus Root	Astragalus propinquus (=membranaceous)		£4.35	£12.35	£26.19	£44.49	Huang Qi
Astragalus Root Powder	Astragalus propinquus (=membranaceous)		£3.85	£10.99	£23.35	£39.65	Huang Qi
Atractylodes Tuber, White	Atractylodes macrocephala		£6.39	£18.25	£38.75	£65.79	Bai Zhu
Angelica Root, Chinese (Dong Quai)	Angelica sinensis		£7.89	£22.59	£47.95	£81.49	Dang Gui
Chrysanthemum Flower	Chrysanthemum (=Dendranthema) morifolium		£4.75	£13.45	£28.59	£48.59	Ju Hua
Cinnamon Bark (Gui Pi)	Cinnamomum cassia		£2.85	£8.09	£17.19	£29.19	Gui Pi
Codonopsis Root	Codonopsis pilosula		£7.75	£22.09	£46.95	£79.75	Dang Shen
Dong Quai (Chinese Angelica)	Angelica sinensis		£7.89	£22.59	£47.95	£81.49	Dang Gui
Fleeceflower (Fo-Ti)	Reynoutria multiflora (=Polygonum multiflorum)		£3.35	£9.49	£20.19	£34.29	He Shou Wu (Zhi)
Ginseng Red, Korean	Panax ginseng	£10.69	£24.25	£69.29	£147.19	£250.25	Ren Shen
Goji Berries (Lycium, Wolfberries)	Lycium barbarum		£3.35	£9.59	£20.29	£34.45	Gou Qi Zi
Ligusticum Root (Szechuan Lovage)	Ligusticum striatum (=chuanxiong)		£3.79	£10.85	£22.99	£39.15	Chuan Xiong
Liquorice Root, Chinese	Glycyrrhiza uralensis		£3.69	£10.45	£22.19	£37.75	Gan Cao
Lycium (Goji Berries, Wolfberries)	Lycium barbarum		£3.35	£9.59	£20.29	£34.45	Gou Qi Zi
Peony Root, White	Paeonia lactiflora		£3.85	£10.95	£23.19	£39.39	Bai Shao Yao
Poria Cocos	Wolfiporia extensa (=Poria sclerotium)		£3.89	£11.09	£23.59	£39.99	Fu Ling
Red Dates (Jujubes)	Ziziphus jujuba		£3.65	£10.39	£22.09	£37.59	Da Zao
Rehmannia Prepared Root	Rehmannia glutinosa		£3.65	£10.45	£22.15	£37.65	Shu Di Huang
Schizandra Berries	Schisandra chinensis		£6.85	£19.59	£41.49	£70.59	Wu Wei Zi
Siberian Solomonseal	Polygonatum sibiricum		£4.39	£12.49	£26.59	£45.15	Huang Jing
Yam Root, Chinese	Dioscorea opposita		£3.95	£11.25	£23.85	£40.59	Shan Yao

# **Ayurvedic Herbs**

Common Name	Latin Name	25g	100g	250g	500g	Origin
Amla Fruit Powder (Amalaki)	Phyllanthus emblica (=Emblica officinalis)	£4.45	£12.69	£26.89	£45.75	
Andrographis Powder (Kalmegh)	Andrographis paniculata	£5.75	£16.35	£34.75	£58.99	
Ashwagandha Root	Withania somnifera	£3.95	£11.25	£23.85	£40.49	
Ashwagandha Root Powder	Withania somnifera	£3.65	£10.29	£21.89	£37.19	
Bhringaraj Powder, White	Eclipta prostrata (=alba)	£4.75	£13.49	£28.59	£48.65	
Brahmi Powder	Bacopa monnieri	£6.29	£17.95	£38.09	£64.75	
Gotu Kola Herb (Hydrocotyle)	Centella asiatica	£2.89	£8.19	£17.45	£26.65	Madagascar
Gotu Kola Powder (Hydrocotyle)	Centella asiatica	£5.79	£16.59	£35.25	£53.79	
Guduchi Powder	Tinospora cordifolia	£5.35	£15.25	£32.39	£54.99	
Holy Basil Powder (Tulsi)	Ocimum tenuiflorum (=sanctum)	£5.15	£14.69	£31.25	£53.09	
Jeera Seeds (Cumin)	Cuminum cyminum	£2.25	£6.39	£13.59	£20.79	
Jeera Seed Powder (Cumin)	Cuminum cyminum	£1.59	£4.59	£9.79	£14.95	
Kalmegh Powder (Andrographis)	Andrographis paniculata	£5.75	£16.35	£34.75	£58.99	
Methi Seeds (Fenugreek)	Trigonella foenum-graecum	£1.35	£3.75	£7.99	£12.19	
Methi Seed Powder (Fenugreek)	Trigonella foenum-graecum	£1.29	£3.65	£7.79	£11.89	
Neem Leaf Powder	Azadirachta indica	£4.99	£14.25	£30.25	£51.45	
Neem Leaves	Azadirachta indica	£2.99	£8.59	£18.25	£30.99	
Shatavari Root	Asparagus racemosus	£4.25	£12.15	£25.75	£43.75	
Shatavari Root Powder	Asparagus racemosus	£5.35	£15.29	£32.45	£55.19	
Trikatu Powder (Three Spices: Ginger, Long & Black Pepper)	Piper longum, Piper nigrum, zingiber officinale	£5.45	£15.59	£33.15	£56.29	
Triphala Powder (Three Fruits: Amla, Bibhitaki & Haritaki)	Phyllanthus emblica, Terminalia bellirica, Terminalia chebula	£5.45	£15.59	£33.15	£56.29	
Tulsi Powder (Holy Basil)	Ocimum tenuiflorum (=sanctum)	£5.15	£14.69	£31.25	£53.09	
Turmeric Root Powder	Curcuma longa	£1.75	£4.99	£10.65	£16.25	

# Gums

Common Name	Latin Name	10g	25g	100g	250g	500g	Origin
Agar Agar Powder	From Gelidium amansii		£4.25	£12.15	£25.85	£43.99	Spain
Aloes, Cape	Aloe ferox (=capensis)		£3.89	£11.15	£23.65	£40.25	S. Africa
Arabic (Acacia)	Senegalia (=Acacia) senegal & other sp.		£2.95	£8.35	£17.69	£30.09	Sudan
Arabic (Acacia) Powder	Senegalia (=Acacia) senegal & other sp.		£2.79	£7.99	£16.99	£28.95	Sudan
Asafoetida Powder	Ferula assa-foetida (blended with 60% Fenugreek powder)		£8.59	£24.49	£52.15	£79.59	India / Iran
Benzoin	Styrax sp.		£3.19	£9.09	£19.35	£32.89	Singapore
Colophony (Pine Resin)	Pinus palustris		£4.79	£13.69	£29.15	£44.49	Portugal
Colophony Powder (Pine Resin)	Pinus palustris		£8.29	£23.75	£50.59	£77.19	Portugal
Copal, Manila	Agathis dammara (=alba)		£5.09	£14.59	£30.95	£52.65	Indonesia
Damar	Shorea wiesneri		£3.19	£9.15	£19.39	£32.99	Indonesia
Frankincense Grains (Olibanum)	Boswellia carterii/papyrifera		£2.59	£7.25	£15.35	£26.15	Sudan
Frankincense Powder, Indian (Olibanum)	Boswellia serrata (=thurifera)		£2.19	£6.19	£13.19	£22.45	India
Frankincense & Myrrh Grains	Boswellia carterii/papyrifera & Commiphora myrrha		£3.35	£9.59	£20.29	£34.59	Sudan / Kenya
Mastic	Pistacia lentiscus	£10.45	£23.75	£67.79	£144.25	£245.59	Greece
Myrrh Grains	Commiphora myrrha (=molmol)		£4.35	£12.45	£26.49	£44.99	Kenya
Myrrh Powder	Commiphora myrrha (=molmol)		£6.25	£17.75	£37.75	£64.19	Kenya
Olibanum (Frankincense)	Boswellia carterii/papyrifera		£2.59	£7.25	£15.35	£26.15	Sudan
Olibanum Powder (Frankincense)	Boswellia serrata (=thurifera)		£2.19	£6.19	£13.19	£22.45	India
Pine Resin (Colophony)	Pinus palustris		£4.79	£13.69	£29.15	£44.49	Portugal
Pine Resin Powder (Colophony)	Pinus palustris		£8.29	£23.75	£50.59	£77.19	Portugal
Sandarac	Tetraclinis articulata (=Callitris quadrivalvis)		£6.65	£18.95	£40.35	£68.65	Morocco
Tragacanth Powder	Astragalus gummifer		£9.19	£26.19	£55.69	£94.79	Iran

# Clays

Common Name	Latin Name	25g	100g	250g	500g	Origin
Bentonite Clay Powder	Sodium bentonite	£1.69	£4.75	£10.15	£15.45	USA
Green Clay Powder	Montmorillonite, Illite	£2.79	£7.89	£16.79	£25.65	France
Red Clay Powder	Illite	£2.99	£8.65	£18.45	£28.15	Germany

# **Baldwin's Growing Seeds**

Angelica, Wild	£2.39
Avens, Wood (Herb-Bennet)	£2.39
Basil, Wild	£2.39
Betony	£2.39
Burdock, Greater	£2.39
Burnet, Salad	£2.39
Chamomile (Wild)	£2.39
Chervil	£2.39
Chicory	£2.39
Chives, Wild	£2.39

Cicely, Sweet	£2.39
Dandelion	£2.39
Echinacea	£2.39
Evening Primrose, Common	£2.39
Feverfew	£2.39
Garlic, Wild (Ramsons)	£2.39
Hyssop	£2.39
Marigold, Pot	£2.39
Marjoram, Wild	£2.39
Marsh Mallow	£2.39

Meadowsweet	£2.39
Mullein, Great	£2.39
Pansy, Wild (Heartsease)	£2.39
Poppy, Common	£2.39
Selfheal	£2.39
Sorrel, Common	£2.39
Strawberry, Wild	£2.39
Thyme, Wild	£2.39
Valerian, Common	£2.39
Vervain	£2.39

# What are tinctures?

Tinctures offer a more convenient alternative to herbs. The herb is placed into a mixture of alcohol\* and water, the strength of which is varied depending on the material from which the tincture is made. Simply mix 2-5ml of tincture in water and drink.

\*Alcohol is derived from sugarbeet.

#### **Tinctures**

Agnus Castus Berry (Chaste Tree)	Vitex agnus-castus	£7.35	£10.65	£20.39	£36.75	1:3	45%
Agrimony Herb	Agrimonia eupatoria	£7.09	£10.19	£19.19	£34.59	1:4	25%
Alfalfa Leaf (Lucerne)	Medicago sativa	£7.15	£10.35	£19.65	£35.39	1:4	25%
Artichoke, Globe	Cynara cardunculus var. scolymus	£7.39	£10.85	£20.85	£37.59	1:3	25%
Asafoetida Gum BP	Ferula assa-foetida	£11.19	£18.45	£39.79	£71.65	1:5	70%
Avena Sativa	Avena Sativa	£7.75	£11.59	£22.59	£40.59	1:2	25%
Balm (Lemon Balm, Melissa)	Melissa officinalis	£7.79	£11.59	£22.75	£40.95	1:3	45%
Barberry Bark	Berberis vulgaris	£8.45	£12.95	£25.99	£46.89	1:4	45%
Bearberry (Uva Ursi)	Arctostaphylos uva-ursi	£8.15	£12.29	£24.45	£43.99	1:3	25%
Bilberry Berry	Vaccinium myrtillus	£11.35	£18.75	£40.59	£72.99	1:3	25%
Birch Leaf, Silver	Betula alba	£7.99	£11.99	£23.85	£42.95	1:4	25%
Bladderwrack	Fucus vesiculosus	£7.29	£10.59	£20.25	£36.45	1:2	25%
Blue Flag Root	Iris versicolor	£9.25	£14.49	£29.99	£53.99	1:3	45%
Buchu Leaf	Agathosma (=Barosma) betulina	£17.59	£31.15	£71.59	£128.89	1:4	60%
Burdock Root	Arctium lappa	£6.89	£9.79	£18.19	£32.75	1:3	25%
Calendula (Marigold)		£7.85	£11.65	£22.89	£41.25	1:4	90%
California Poppy Herb	Eschscholzia californica	£8.89	£13.85	£28.35	£50.99	1:4	45%
Cayenne Pepper	Capsicum annuum/ C. frutescens	£7.89	£11.79	£23.19	£41.75	1:3	70%
Celery Seed	Apium graveolens	£7.59	£11.15	£21.59	£38.89	1:3	60%
Chamomile Flower, German	Matricaria chamomilla (=recutita)	£8.25	£12.59	£24.99	£45.09	1:4	45%
Chaste Tree Berry (Agnus Castus)	Vitex agnus-castus	£7.35	£10.65	£20.39	£36.75	1:3	45%
Chickweed Herb	Stellaria media	£7.19	£10.39	£19.69	£35.45	1:4	25%
Cleavers (Clivers) Herb	Galium aparine	£7.25	£10.59	£19.99	£36.09	1:4	25%
Cohosh Root, Black	Cimicifuga racemosa	£13.75	£23.49	£52.45	£94.45	1:3	60%
Cohosh Root, Blue	Caulophyllum thalictroides	£12.99	£22.15	£49.15	£88.49	1:3	70%
Cola (Kola)	Cola nitida (=vera)	£7.99	£11.99	£23.75	£42.75	1:3	45%
Collinsonia (Stone Root)	Collinsonia canadensis	£10.99	£18.15	£38.99	£70.29	1:3	45%
Coneflower Root (Echinacea Angustifolia)	Echinacea angustifolia	£11.95	£19.89	£43.45	£78.25	1:3	45%
Cornsilk	Zea mays	£7.19	£10.45	£19.85	£35.75	1:4	25%
Couch Grass Root (Dog Grass)	Agropyron repens	£7.39	£10.79	£20.75	£37.35	1:3	45%
Cramp Bark	Viburnum opulus	£8.29	£12.59	£25.25	£45.45	1:3	45%
Damiana Leaf	Turnera diffusa	£8.29	£12.59	£25.25	£45.45	1:4	60%
Dandelion Root	Taraxacum officinale	£7.79	£11.65	£22.85	£41.15	1:3	45%
Devil's Claw Root	Harpagophytum procumbens	£8.85	£13.69	£27.89	£50.25	1:3	25%
Dog Grass (Couch Grass)	Agropyron repens	£7.39	£10.79	£20.75	£37.35	1:3	45%

# **Tinctures**

Agnus Castus Berry (Chaste Tree)	Vitex agnus-castus	£7.35	£10.65	£20.39	£36.75	1:3	45%
Echinacea Angustifolia Root (Coneflower)	Echinacea angustifolia	£11.95	£19.89	£43.45	£78.25	1:3	45%
Echinacea Purpurea Root	Echinacea purpurea	£8.25	£12.49	£24.95	£44.95	1:5	45%
Elderberry	Sambucus nigra	£3.99	£6.45	£13.35	£23.99	1:3	25%
Elderflower	Sambucus nigra	£8.19	£12.39	£24.75	£44.59	1:4	25%
Elecampane Root	Inula helenium	£7.99	£11.99	£23.69	£42.65	1:3	45%
Eyebright Herb	Euphrasia officinalis	£8.85	£13.69	£27.99	£50.39	1:3	25%
Fennel Seed	Foeniculum vulgare	£7.49	£10.99	£21.35	£38.45	1:3	45%
Fenugreek Seed	Trigonella foenum-graecum	£6.99	£10.09	£18.99	£34.19	1:3	45%
Feverfew Herb	Tanacetum parthenium	£7.95	£11.95	£23.59	£42.39	1:3	45%
Gentian Root	Gentiana lutea	£9.99	£15.99	£33.85	£60.95	1:3	45%
Ginger Root	Zingiber officinale	£9.39	£14.79	£30.75	£55.35	1:2	90%
Ginkgo Biloba Leaf (Maidenhair Tree)	Ginkgo biloba	£7.15	£10.35	£19.59	£35.29	1:4	25%
Ginseng Root, Siberian	Eleutherococcus senticosus	£7.79	£11.65	£22.79	£40.99	1:3	30%
Golden Rod Herb, European	Solidago virgaurea	£7.69	£11.45	£22.35	£40.25	1:3	25%
Gotu Kola (Hydrocotyle)	Centella (=Hydrocotyl) asiatica	£7.25	£10.59	£19.99	£36.09	1:4	25%
Hawthorn Berry	Crataegus laevigata	£7.25	£10.59	£20.09	£36.19	1:3	45%
Hops Strobile	Humulus lupulus	£7.95	£11.95	£23.59	£42.39	1:5	60%
Horehound Herb, White	Marrubium vulgare	£6.99	£9.99	£18.75	£33.75	1:4	25%
Horse Chestnut Seed	Aesculus hippocastanum	£6.75	£9.59	£17.59	£31.69	1:3	25%
Horsetail Herb	Equisetum arvense	£6.99	£9.99	£18.65	£33.59	1:4	25%
Hydrangea Root	Hydrangea arborescens	£11.89	£19.75	£43.15	£77.69	1:3	45%
Hydrocotyle Herb (Gotu Kola)	Centella (=Hydrocotyl) asiatica	£7.25	£10.59	£19.99	£36.09	1:4	25%
Hyssop Herb	Hyssopus officinalis	£7.89	£11.85	£23.35	£41.99	1:3	45%
Jamaican Dogwood Bark	Piscidia piscipula (=erythrina)	£11.15	£18.29	£39.49	£71.09	1:3	45%
Juniper Berry	Juniperus communis	£8.95	£13.89	£28.45	£51.25	1:3	45%
Kola Nut (Cola)	Cola nitida (=vera)	£7.99	£11.99	£23.75	£42.75	1:3	45%
Lady's Mantle Leaf	Alchemilla vulgaris	£7.59	£11.19	£21.75	£39.15	1:5	25%
Lemon Balm Herb (Balm, Melissa)	Melissa officinalis	£7.79	£11.59	£22.75	£40.95	1:3	45%
Lime Flower	Tilia x europea	£9.39	£14.79	£30.75	£55.35	1:4	25%
Liquorice Root	Glycyrrhiza glabra	£7.25	£10.45	£19.89	£35.85	1:3	25%
Lucerne (Alfalfa)	Medicago sativa	£7.15	£10.35	£19.65	£35.39	1:4	25%
Maidenhair Tree (Ginkgo Biloba)	Ginkgo biloba	£7.15	£10.35	£19.59	£35.29	1:4	25%
Marigold Flower (Calendula)		£7.85	£11.65	£22.89	£41.25	1:4	90%
Marshmallow Root	Althaea officinalis	£7.89	£11.79	£23.25	£41.85	1:3	25%
Meadowsweet Herb	Filipendula ulmaria	£6.99	£10.15	£18.99	£34.29	1:3	25%
Melissa (Balm, Lemon Balm)	Melissa officinalis	£7.79	£11.59	£22.75	£40.95	1:3	45%
Milk Thistle Seed	Silybum marianum (=Carduus marianus)	£7.29	£10.59	£20.25	£36.45	1:3	50%
Mistletoe Leaf	Viscum album	£6.99	£9.99	£18.85	£33.95	1:3	25%
Motherwort Herb	Leonurus cardiaca	£7.79	£11.65	£22.85	£41.15	1:4	25%

# **Tinctures**

Agnus Castus Berry (Chaste Tree)	Vitex agnus-castus	£7.35	£10.65	£20.39	£36.75	1:3	45%
Muira Puama Bark	Ptychopetalum olacoides	£7.59	£11.25	£21.75	£39.15	1:3	45%
Mullein Leaf, Great	Verbascum thapsus	£6.99	£10.15	£19.09	£34.39	1:4	25%
Myrrh Gum	Commiphora myrrha (=molmol)	£10.45	£16.95	£36.15	£65.09	1:3	90%
Nettle Leaf	Urtica dioica	£7.45	£10.85	£20.89	£37.65	1:4	45%
Nettle Root	Urtica dioica	£8.09	£12.19	£24.15	£43.49	1:3	45%
Oak Bark	Quercus robur	£7.35	£10.75	£20.65	£37.19	1:3	25%
Olive Leaf	Olea europaea	£7.25	£10.59	£19.99	£36.09	1:3	25%
Oregon Mountain Grape Root	Mahonia (=Berberis) aquifolium	£11.35	£18.69	£40.49	£72.89	1:3	45%
Passion Flower Herb	Passiflora incarnata	£7.25	£10.49	£19.95	£35.95	1:4	25%
Pau D'Arco Bark	Handroanthus (=Tabebuia) impetiginosus	£7.59	£11.09	£21.45	£38.65	1:4	45%
Plantain Leaf, Narrowleaf	Plantago lanceolata	£7.75	£11.59	£22.59	£40.69	1:3	25%
Poke Root	Phytolacca americana (=decandra)	£12.29	£20.65	£45.35	£81.65	1:3	45%
Red Clover Flowers	Trifolium pratense	£7.99	£11.99	£23.65	£42.59	1:5	25%
Rosehip	Rosa canina	£7.85	£11.75	£23.15	£41.69	1:4	45%
Rosemary Leaf	Rosmarinus officinalis	£6.95	£9.95	£18.65	£33.59	1:4	45%
Sage Leaf	Salvia officinalis	£7.19	£10.39	£19.75	£35.59	1:4	45%
Sarsaparilla Root	Smilax Aristolchiaesolia	£9.95	£15.95	£33.59	£60.39	1:3	45%
Saw Palmetto Berry	Serenoa repens	£9.59	£15.25	£31.85	£57.35	1:3	60%
Scullcap Herb	Scutellaria lateriflora	£11.89	£19.79	£43.25	£77.85	1:4	25%
Shepherd's Purse Herb	Capsella bursa-pastoris	£6.99	£10.15	£18.99	£34.29	1:4	25%
Small Flowered Willow Herb	Epilobium parviflorum	£8.29	£12.65	£25.29	£45.59	1:3	45%
St John's Wort Herb	Hypericum perforatum	£7.75	£11.49	£22.49	£40.49	1:3	35%
Stone Root (Collinsonia)	Collinsonia canadensis	£10.99	£18.15	£38.99	£70.29	1:3	45%
Thuja Leaf (Tree of Life)	Thuja occidentalis	£9.65	£15.29	£31.89	£57.45	1:4	60%
Thyme Herb	Thymus vulgaris	£7.39	£10.85	£20.79	£37.45	1:3	45%
Tree of Life (Thuja Leaf)	Thuja occidentalis	£9.65	£15.29	£31.89	£57.45	1:4	60%
Turmeric Root	Curcuma longa	£7.25	£10.59	£20.09	£36.15	1:3	60%
Uva Ursi Leaf (Bearberry)	Arctostaphylos uva-ursi	£8.15	£12.29	£24.45	£43.99	1:3	25%
Valerian Root	Valeriana officinalis	£9.59	£14.99	£31.39	£56.59	1:3	45%
Vervain Herb	Verbena officinalis	£7.19	£10.45	£19.79	£35.65	1:3	25%
Violet Herb, Sweet	Viola odorata	£9.79	£15.59	£32.65	£58.79	1:4	25%
White Willow Bark	Salix alba	£7.19	£10.39	£19.69	£35.45	1:3	25%
Wild Indigo Root	Baptisia tinctoria	£16.25	£28.49	£64.95	£116.95	1:5	60%
Wild Yam Root	Dioscorea villosa	£8.75	£13.49	£27.45	£49.45	1:3	45%
Witch Hazel Bark	Hamamelis virginiana	£9.95	£15.89	£33.45	£60.25	1:3	25%
Wood Betony Herb	Stachys officinalis (=betonica)	£7.95	£11.95	£23.59	£42.39	1:4	25%
Yarrow Flower	Achillea millefolium	£7.29	£10.59	£20.19	£36.35	1:4	25%
Yellow Dock Root	Rumex crispus	£8.99	£13.99	£28.79	£51.85	1:3	25%

# **Chinese Tinctures**

Common Name	Latin Name	50ml	100ml	250ml	500ml	Ratio	Proof	Chinese Name
Andrographis Herb	Andrographis paniculata	£7.65	£11.29	£21.89	£39.45	1:3	25%	Chuan Xin Lian
Angelica Root, Chinese (Dong Quai)	Angelica sinensis	£9.75	£15.49	£32.39	£58.35	1:3	45%	Dang Gui
Artemisia Annua (Sweet Annie, Sweet Wormwood)	Artemisia annua	£8.39	£12.79	£25.75	£46.29	1:3	45%	Qing Hao
Astragalus Root	Astragalus propinquus (=membranaceous)	£8.39	£12.85	£25.79	£46.39	1:3	30%	Huang Qi
Codonopsis Root	Codonopsis pilosula	£13.49	£22.99	£51.25	£92.19	1:3	25%	Dang Shen
Dong Quai (Chinese Angelica)	Angelica sinensis	£9.75	£15.49	£32.39	£58.35	1:3	45%	Dang Gui
Fleeceflower Root	Reynoutria multiflora (=Polygonum multiflorum)	£7.89	£11.85	£23.25	£41.89	1:3	25%	He Shou Wu
Ginseng Korean, Red	Panax ginseng	£21.65	£39.35	£92.09	£165.75	1:3	45%	Ren Shen
Ginseng, Chinese	Panax notoginseng	£16.95	£29.85	£68.39	£123.09	1:3	45%	San Qi
Gold Coin Grass (Lysmachia)	Lysimachia christinae	£10.35	£16.69	£35.45	£63.75	1:3	45%	Jin Qian Cao
Liquorice Root, Chinese	Glycyrrhiza uralensis	£8.15	£12.29	£24.45	£43.99	1:3	25%	Gan Cao
Lysimachia (Gold Coin Grass)	Lysimachia christinae	£10.35	£16.69	£35.45	£63.75	1:3	45%	Jin Qian Cao
Peony Root, White	Paeonia lactiflora	£9.79	£15.65	£32.79	£58.99	1:3	25%	Bai Shao Yao
Poria Cocos	Wolfiporia extensa (=Poria sclerotium)	£8.85	£13.75	£27.99	£50.45	1:3	25%	Fu Ling
Rehmannia Root	Rehmannia glutinosa	£9.85	£15.69	£32.95	£59.29	1:3	25%	Shu Di Huang
Rhodiola Rosea Root	Rhodiola rosea	£11.65	£19.29	£41.99	£75.59	1:3	45%	Hong Jing Tian
Schizandra Berries	Schisandra chinensis	£11.99	£20.15	£43.99	£79.29	1:3	25%	Wu Wei Zi
Sweet Annie Leaf (Artemisia Annua, Sweet Wormwood)	Artemisia annua	£8.39	£12.79	£25.75	£46.29	1:3	45%	Qing Hao

# **Ayurvedic Tinctures**

Common Name	Latin Name	50ml	100ml	250ml	500ml	Ratio	Proof
Ashwagandha Root	Withania somnifera	£8.39	£12.85	£25.85	£46.45	1:3	45%
Brahmi Leaf	Bacopa monnieri	£7.35	£10.75	£20.59	£36.95	1:3	45%
Neem Leaf	Azadirachta indica	£7.15	£10.29	£19.45	£34.99	1:3	25%
Shatavari Root	Asparagus racemosus	£7.29	£10.65	£20.29	£36.49	1:3	25%
Turmeric Root	Curcuma longa	£7.25	£10.59	£20.09	£36.15	1:3	60%

## What are herbal fluid extracts?

Fluid extracts are prepared so that 25ml of the extract equals to 25g of the herb, making them 3-4 times stronger than tinctures. Alcohol Free Fluid Extracts maybe prepared in the same way but using vegetable glycerine as the solvent. 5-10 drops of the extract in water is the normal dosage.

#### **Herbal Fluid Extracts**

Common Name	Latin Name	25ml	50ml	Ratio	Proof
Barberry Bark	Berberis vulgaris	£9.35	£14.69	1:1	45%
Bearberry (Uva Ursi)	Arctostaphylos uva-ursi	£8.89	£13.79	1:1	45%
Burdock Root	Arctium lappa	£7.19	£10.45	1:1	25%
Calendula (Marigold)	Calendula officinalis	£8.69	£13.39	1:1	90%
Damiana Leaf	Turnera diffusa	£9.49	£14.99	1:1	60%
Dandelion Root	Taraxacum officinale	£7.99	£11.99	1:1	25%
Echinacea Root	Echinacea angustifolia	£14.29	£24.59	1:1	45%
Liquorice Root	Glycyrrhiza glabra	£7.19	£10.35	1:1	25%
Marigold Flower (Calendula)	Calendula officinalis	£8.69	£13.39	1:1	90%
Motherwort Herb	Leonurus cardiaca	£9.69	£15.39	1:1	45%
Nettle Leaf	Urtica dioica	£7.75	£11.45	1:1	25%
Oat Seed	Avena sativa	£7.15	£10.29	1:1	25%
Passion Flower Herb	Passiflora incarnata	£7.65	£11.29	1:1	25%
Red Clover Flower	Trifolium pratense	£7.99	£11.99	1:1	25%
Uva Ursi Leaf (Bearberry)	Arctostaphylos uva-ursi	£8.89	£13.79	1:1	45%
Valerian Root	Valeriana officinalis	£10.95	£17.89	1:1	45%
Vervain Herb	Verbena officinalis	£7.35	£10.65	1:1	45%

# Nature's Answer - What are alcohol free fluid extracts?

Alcohol free extracts are produced using alcohol, water and natural extractants. All alcohol and extractants are then removed by a cold extraction process yielding a Holistically Balanced standardized extract. Holistically Balanced guarantees that the constituents of the extract are in the same synergistic ratios as in the plants.

#### **Alcohol Free Extracts**

	30ml	Herbal Liquid
Ashwagandha (per 60ml)	£19.99	(1:1)
Astragalus	£12.99	(1:1)
Black Cohosh	£11.99	(1:1)
Black Walnut	£12.99	(1:1)
Burdock Root	£12.99	(1:1)
Cat's Claw Bark (per 60ml)	£19.99	(1:1)
Chamomile Flowers	£11.99	(1:1)
Cinammon*	£10.99	(1:1)
Damiana Leaf	£12.99	(1:1)
Dandelion Root	£12.99	(1:1)
Devils Claw	£12.99	(1:1)
Dong Quai	£14.99	(1:1)
Echinacea	£12.99	(1:1)
Echinacea (per 60ml)	£21.99	(1:1)
Eyebright Herb	£11.99	(1:1)

	30ml	Herbal Liquid
Ginkgo	£11.99	(1:1)
Goldenseal	£18.99	(1:1)
Gotu Kola	£11.99	(1:1)
Gymnema	£13.99	(1:1)
Hawthorn	£11.99	(1:1)
Horsetail	£11.99	(1:1)
Hyssop	£12.99	(1:1)
Liquorice	£12.99	(1:1)
Lobelia*	£13.99	(1:1)
Milkthistle	£11.99	(1:1)
Mullein	£11.99	(1:1)
Nettle	£11.99	(1:1)
Oil Of Oregano	£26.99	(1:1)
Olive Leaf (per 60ml)	£18.99	(1:1)
Passion Flower	£11.99	(1:1)

	30ml	Herbal Liquid
Pau D'Arco	£11.99	(1:1)
Red Clover	£11.99	(1:1)
Rhodiola Root	£13.99	(1:1)
Sage	£11.99	(1:1)
Saw Palmetto	£12.99	(1:1)
Schisandra Berry	£12.99	(1:1)
Skullcap	£11.99	(1:1)
Siberian Ginseng (Eleuthero) (per 60ml)	£17.99	(1:1)
St John's Wort	£11.99	(1:1)
Turmeric 3	£23.99	(1:1)
Valerian Root	£11.99	(1:1)
Valerian Root (per 60ml)	£17.99	(1:1)
Vitex Agnus-Castus	£11.99	(1:1)

<sup>\*</sup>Low alcohol, not alcohol free

#### **Alcohol Free Combinations**

	30ml	Herbal Liquid
Bitters & Ginger (per 60ml)	£12.99	(1:1)
Black Walnut & Wormwood Complex	£12.99	(1:1)
Echinacea & Goldenseal	£21.99	(1:1)
Immune Boost	£9.99	(1:1)
Liver Tone Complex	£12.99	(1:1)

	30ml	Herbal Liquid
Liver Support	£12.99	(1:1)
Brainstorm (Memotone)	£8.99	(1:1)
Sambucus Kids (Elderberry) (per 120ml)	£15.99	(1:1)
Slumber (Dormatone)	£11.99	(1:1)
Ut Answer (D-Mannose & Cranberry) (per 120ml)	£34.99	(1:1)

# Herbal Remedies

After many years of selling Swedish Bitters produced by other suppliers, we decided to introduce our own version. The Baldwin's Swedish Bitters uses the original formula laid out in the Maria Trebens book Health Through Gods Pharmacy but with the Aloe, which because of Brexit is now impossible to obtain, replaced by Wormwood.

#### **Swedish Bitters**

Swedish Bitters is a traditional formula made popular by Maria Treben, an Austrian Herbalist. More information about the various benefits of Swedish Bitters can be found in the book, Health through God's Pharmacy.

	100g Packet	250g Packet	500g Packet
Herbs (Instructions Included)	£14.65	£31.19	£47.65
	100ml Bottle	250ml Bottle	500ml Bottle

£9.35

£11.19

#### **Books by Maria Treben**

Maria Treben's Cures	£11.99
Health Through God's Pharmacy	£11.99

#### **Bio-Ear Topical Formula**

All natural, easy to use topical formula for tinnitus and sensitivity to noise. Ingredients: Aloe vera gel, in an alcohol base (18-22%), purified water, biochelated extracts of the following highly concentrated herbs: gentian root, bitter orange peel, dandelion root, myrrh gum, rhubarb root, senna leaves, angelica root and blessed thistle seed.

15ml	£14.99
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#### Soothing Creams and Ointments by G. Baldwin & Co

£19.45

£21.59

Calendula and Chickweed are traditionally used to help alleviate inflamed, irritated, dry, itchy skin. Tocopherol (Vitamin E) and Avocado Oil can help protect the skin from pollution and sun damage.

£34.99

£38.79

	60ml	120ml
Chickweed & Calendula Ointment	£8.39	£14.25

Rich and Soothing ointment.

Liquid

Liquid (Non Alcoholic)\*

	120ml	250ml
Chickweed & Calendula Cream	£9.19	£16.59

A moisturising, rich and easily absorbed cream.



#### Napier's

#### Echinacea & Elderflower Compound

100ml

£13.99

One of our most popular formulas containing herbs which support the immune system, have antiseptic and anti-bacterial properties as well as anti-catarrhal and expectorant effects. Used for colds, flu and similar viral conditions.

#### Elderberry & Honey Throat Spray

50m

£11.99

Used at the first signs of a sore throat this spray will stop infections in their tracks. Providing anti-viral and anti-microbial properties as well as the soothing action of organic honey, it is a must have for the winter season.

#### Plantain & Eyebright Compound

100ml

£15.99

Traditionally known as 'nasal catarrh compound' this formula has been in demand since 1860. Used for chronic cases of nasal catarrh especially where the sinuses, ears and throat are affected.

#### Sweet Sleeps Compound

100m

£15.99

A traditional herbal remedy used by herbalists to calm the mind and relax, supporting a restful night's sleep. Valerian has a long history of use as a gentle sedative, Valerian teas are a popular bed time drink. Scullcap is used for its muscle relaxing properties and to ease mental tension and anxiety, when your mind is crowded with unwanted thoughts, this is the herb to take. Passionflower and Hops are gentle carminative herbs. This blend can be used occasionally or regularly to help establish a sleep pattern.

#### Slippery Elm Bark Capsules

90 Capsules

£19.99

Easy to use antacid and pre-biotic. We use this to ease symptoms of IBS, over-acidity and heartburn.

#### **Composition Essence**

100m

£11.99

Herbs and Spices blended together into an old time pick me up. Take hot for a warming hot toddy or cold for a daily boost to the immune system.

#### Echinacea Super Plus Compound

100ml

£15.99

Developed for those who are experiencing repeat infection, feeling run down and tired. Practitioner strength Echinacea for immune support with Goldenseal and Thyme to target infection, and the adaptogen properties of Liquorice for adrenal support. Lemon Balm has anti-viral qualities.

#### Marigold Compound

100n

£9.99

A blend of soothing and antiseptic herbs for use as a pleasant mouthwash. Helps to treat and prevent mouth ulcers. It can also be used as a skin rinse due to its antibacterial properties, so good for acne prone skin.

#### Sarsaparilla & Burdock Compound

100ml

£15.99

Helpful in managing chronic skin problems such as acne, boils and psoriasis, it contains herbs to support the elimination of toxins and herbs to reduce infection.

#### Stress Blend

100ml

£13.99

Herbs are used to support the whole body, as stress affects our whole system. Muscle tension is eased, anxious thoughts reduced, the tense bowel relaxed and the nervous system restored. Useful in fatigue, post-viral problems, low mood and anxiety, and daily stress.

#### **Bio-Health Ointments**

	84g	500g	Description
Arnica, Chamomile and Comfrey Ointment	£16.79		Used for warming aching muscles and joints, also healing for bumps, bruises and scrapes.
Calendula and Chamomile Ointment	£16.79		Soothes baby's bottom of nappy rash and helps mum with sore nipples, also helps with red inflamed skin, including sunburn.
Chickweed Ointment	£16.79	£38.99	Emollient for dry itchy skin. Helps to break the itch/scratch cycle.
Comfrey Ointment	£16.79	£38.99	Known for its healing and repairing properties. Used for sprains breaks, sports injuries, and painful joints.
Echinacea and Tree Tea Ointment	£16.79		A combination of Anti-viral and anti-septic herbs helpful with cold sores, insect bites stings, athletes' foot and supports wound healing.
Witchazel Ointment	£16.79		This Herb helps to tone up skin. Useful for raised capillaries blemishes and haemorrhoids.

#### **Bio-Health - Herbal Capsules**

	Size	Description	Price
Capsicum Fruit	250mg	60 vegetarian capsules	£11.25
Celery Seed	450mg	60 vegetarian capsules	£12.25
Chamomile Flowers	250mg	60 vegetarian capsules	£11.25
Cinnamon Bark	350mg	60 vegetarian capsules	£11.25
Damiana Herb	300mg	60 vegetarian capsules	£11.25
Dandelion Leaf	300mg	60 vegetarian capsules	£11.25
Dog Rose Hips	500mg	120 vegetarian capsules	£18.49
Fenugreek Seed	550mg	60 vegetarian capsules	£11.25
Garlic (Whole Clove)	300mg	60 vegetarian capsules	£11.25
Ginger Root	500mg	60 vegetarian capsules	£11.25
Cinkan Loof	450mg	60 vegetarian capsules	£11.25
Ginkgo Leaf	450mg	120 vegetarian capsules	£17.95
Howthern Perry	450mg	60 vegetarian capsules	£11.25
Hawthorn Berry	450mg	120 vegetarian capsules	£17.95
Hop (Strobile)	300mg	60 vegetarian capsules	£11.25
Kelp (Super) 500mg Plus 122mg of Vitamins	622mg	60 vegetarian capsules	£11.25
Liquorice Root	400mg	60 vegetarian capsules	£11.25

	Size	Description	Price
Melissa Herb	450mg	60 vegetarian capsules	£11.25
Panax Ginseng	500mg	30 vegetarian capsules	£18.25
Papaya Enzymes	120mg	60 vegetarian capsules	£11.25
Passiflora Herb	300mg	60 vegetarian capsules	£12.49
Psyllium Husk	400mg	120 vegetarian capsules	£16.95
Raspberry Leaf Extract	500mg	60 vegetarian capsules	£11.25
Red Clover	325mg	60 vegetarian capsules	£11.25
Rutin (Super) & Buckwheat	60mg	60 vegetarian capsules	£11.25
Clima and Flan	300mg	60 vegetarian capsules	£15.25
Slippery Elm	300mg	120 vegetarian capsules	£24.99
Sweet Fennel Fruits	450mg	60 vegetarian capsules	£11.25
Tumeric Rhizome	500mg	60 vegetarian capsules	£11.25
Tumeric knizome	500mg	120 vegetarian capsules	£18.99
Runo Turmeric+ (450mg Powdered	540mg	60 vegetarian capsules	£13.49
Turmeric Rhizome, 90mg Black Pepper)	540mg	120 vegetarian capsules	£21.25
Wormwood Herb	250mg	60 vegetarian capsules	£11.25

The following herbal capsules and tablets are recognised under the Traditional Herbal Medicines Registration Scheme (THR). All capsules are suitable for Vegans and Vegetarians.

#### Echinacea Root

60 capsules £12.50

400mg - Used to relieve the symptoms of the common cold and influenza type of infections

#### Extra Calcium +

60 capsules	120 capsules
£11.49	£17.49

800mg - with Magnesium, Zinc and Vitamin D

#### Extra Magnesium +

60 capsules £10.99

125mg - Providing 100mg Elemental Magnesium per vegetable capsule

#### Extra Mineral Complex

60 capsules £10.99

Multi Mineral and Trace elements.

#### Extra Zinc +

60 capsules £10.99

15mg - Providing 15mg Elemental Zinc, 50mg Magnesium, 1000ug Copper, 10mg B6

#### Goodnight®

50 capsules £12.75

400mg of Valerian, including 400mg of Valerian Root -For the temporary relief of sleep disturbance

#### Hyperdrine® (St John's Wort)

60 capsules 120 capsules £13.99 £19.99

300mg - Used to relieve the symptoms of slightly low mood and mild anxiety

#### **Angus Castus**

60 capsules 120 capsules £15.29 £21.99

400mg - Used to help relieve premenstrual symptoms such as irritability, mood swings, breast tenderness, bloating and menstrual cramps

#### Silamarie® (Milk Thistle)

60 capsules 120 capsules £11.95 £17.95

450mg - Used to relieve the symptoms associated with the occasional indulgence of food and drink, such as headache and stomach upset

#### Valdrian® (Valerian Root)

60 capsules £14.99

400mg - For the temporary relief of symptoms of mild anxiety and to aid sleep

#### Vitamin B Complex

60 capsules £13.49

Yeast-free, high potency capsules

#### Vitamin C Crystals

150g £23.49

Purest quality Calcium Ascorbate fine crystals

#### A. Vogel Products

A. Vogel is one of the leading European herbal brands using the formulations of the eminent Swiss Naturopath, Alfred Vogel. A. Vogel uses the freshest possible herbs of the highest quality in it's range, controlling the whole organic growing process. Rapid harvesting and processing helps to preserve the vital ingredients present in fresh herbs. The herbs are holistically standardised ensuring that the whole spectrum of active ingredients in each plant is included.

#### **Best Seller**

# Milk Thistle Oral Drops 50ml 100ml £12.99 £21.99

A combination of Milk Thistle, Globe Artichoke, Peppermint, Boldo and Dandelion.

#### Men's Health

#### Prostasan Saw Palmetto Capsules THR

30 Capsules	90 Capsules
£22.49	£59.99

Traditional herbal medicinal product for use in the relief of lower urinary tract symptoms in men who have a confirmed diagnosis of benign prostatic hypertrophy (BPH), exclusively based upon long-standing use as a traditional remedy. Prior to treatment other serious conditions should have been ruled out by a doctor. Always read the leaflet.

#### Women's Health

# Menoforce Sage Tablets 30 Tablets 90 Tablets £15.99 £42.50

Hot flushes? Night sweats? - Are menopausal hot flushes leaving you feeling hot under the collar? A.Vogel Menoforce® Sage tablets is a traditional herbal medicinal product used for the relief of excessive sweating associated with menopausal hot flushes, including night sweats, exclusively based upon long-standing use as a traditional remedy. Made using the extract of organically grown fresh Sage, Menoforce is available in a convenient one a day dosage. Always read the leaflet.

#### **Aches & Pains**

Atrogel Arnica Gel	
50ml	100ml
£8.99	£13.99

A herbal choice for aches and pains - Made from extracts of freshly harvested arnica, A.Vogel Atrogel® Muscle Aches & Pains Arnica Gel is a traditional herbal medicinal product for use in the symptomatic relief of muscular aches, pains and stiffness, sprains, bruises and swelling after contusions, exclusively based upon long-standing use as a traditional remedy. Atrogel is an easy to apply non-greasy gel which has the pleasant scent of Arnica flowers. It is ideal for sporting injuries, or simply for those niggly aches and pains. Always read the leaflet.

#### **Stress Support**

Passiflora Complex Spray
20ml
£13.99

Relax with Passiflora! - A.Vogel Passiflora Complex Spray is a food supplement containing extracts of fresh Passiflora incarnata herb, which helps support relaxation. With natural vanilla and star anise flavour, it comes in an easy-to-use spray bottle that can be used on-the-go. Suitable for vegans and those aged 12+. The spray also contains Lemon Balm herb and zinc. Always read the pack information.

#### Eye Health

# Eye Drops Moisturising 10ml £12.99

Dry, irritated or tired eyes? - Eyes can become dry and irritated as a result of a number of reasons in our modern world. Long hours looking at a computer screen, heating, pollution and getting older are all contributory factors. A.Vogel Eye Drops contain Euphrasia and hyaluronic acid and help to maintain lubrication of the eye to ease dry, irritated or tired eyes. Can be used while wearing contact lenses. Always read the leaflet.

# Eye Drops Extra Moisturising 10ml £14.99

A.Vogel Extra Moisturising Eye Drops contain double the amount of hyaluronic acid for an extra soothing and longer lasting experience.

#### Coughs, Colds & Immunity

# Bronchoforce 50ml £12,99

Chesty cough keeping you awake at night? - Chesty coughs may come about as soon as a cold or flu starts and can linger long after the virus is gone. A.Vogel Bronchoforce Chesty Cough is a traditional herbal medicinal product used for the relief of chesty coughs, mucus coughs and catarrh, exclusively based on long-standing use as a traditional remedy. Made from fresh extracts of lvy & Thyme. Always read the leaflet.

#### **Echinaforce Hot Drink**

		£12.99	
		100ml	

Cold & Flu Symptoms? - Echinaforce® Hot Drink Cold & Flu Echinacea concentrate for oral solution Is an Echinacea concentrate made from extracts of fresh Echinacea purpurea with Elderberry fruit extracts and is a Traditional herbal medicinal product used to relieve the symptoms of the common cold and influenza type infections, exclusively based upon long-standing use as a traditional remedy. It's simple to make and has a pleasant flavour. Always read the leaflet.

#### Echinaforce® Echinacea drops

	-
50ml	100ml
£12.99	£21.99

Echinaforce<sup>®</sup> Echinacea drops are a traditional herbal remedy used for the symptomatic relief of colds, influenza type infections and similar upper respiratory tract conditions.

# From Amyris to Ylang Ylang

We obtain all our Essential Oils form a variety of sources around the world to ensure the supply of quality products at competitive prices.

## Precautions

- · Never take Essential Oils internally.
- Avoid contact with eyes and other sensitive areas.
- During pregnancy check with a professional/ doctor before using Essential Oils.
- Should you suffer a reaction to any Essential Oil, stop using it immediately.
- If you suffer from a medical condition (high blood pressure, epilepsy, etc.) check with a doctor before using Essential Oils.
- Never use Essential Oils undiluted on the skin.
- Never use Essential Oils on babies or small children except under professional guidance.

P = Best avoided during pregnancy. This list is to be used only as a guide.

**Amyris** - Anti-inflammatory, Antiseptic, Antiviral, Fixative.

**Angelica** - Anti-inflammatory, Antiseptic, Stimulant, Tonic. **P** 

Aniseed - Potent Oil, use with caution. P

Basil - Tonic, Uplifting. P

Bay - Antiseptic, Stimulant, Tonic. P

Benzoin Resinoid - Deodorant, Relaxing, Uplifting.

**Bergamot** - Antiviral, Relaxing, Tonic, Uplifting.

**Birch** - Anti-inflammatory, Antiseptic, Tonic. **P** 

**Black Pepper** - Stimulant, Tonic, Warming. **Cade** - Anti-inflammatory, Antiseptic, Calming.

**Cajuput** - Antiseptic, Soothing, Tonic.

**Camphor** - To optimise effective respiration, Use with caution. **P** 

**Cardamon** - Antiseptic, Relaxing, Stimulant, Tonic.

**Carnation** - Anti-inflammatory, Antiseptic, Aphrodisiac, Relaxing. **P** 

Caraway - Antiseptic, Soothing, Stimulant, Tonic. P

Carrot Seed - Stimulant, Tonic. P

**Cedarwood** - Atlas Antiseptic, Aphrodisiac, Soothing for skin, Stimulant, Tonic. **P** 

Cedarwood - Virginia Antiseptic, Stimulant. P

**Chamomile Blue Egyptian** - Anti-inflammatory, Relaxing, Soothing for skin.

**Chamomile Roman Antiseptic** - Relaxing, Soothing, Tonic. **P** 

**Cinnamon** - Warming, Stimulating. Not recommended for use on the skin. **P** 

**Cinnamon Bark** - Anti-bacterial, Anti-fungal, Anti-inflammatory, Relaxing - not recommended for use on the skin. **P** 

Citronella - Antiseptic, Uplifting. P

Clary Sage - Balancing, Uplifting. P

**Clove Leaf** - Antiseptic, Spicy. Not recommended for use on the skin. **P** 

**Clove Bud** – Anti-bacterial, Anti-fungal, Stimulant – not recommended for use on the skin. **P** 

**Coriander** - Aphrodisiac, Revitalising, Stimulant,

**Cumin Seed** - Antiseptic, Aphrodisiac, Stimulating, Warming, Stimulating, Tonic. **P** 

Cypress - Antiseptic, Restoring, Tonic. P

**Eucalyptus** - Globulus Antiseptic, Stimulant. To optimise effective respiration. Soothing for skin.

**Eucalyptus Radiata** - Cooling, Refreshing, Energising.

**Fennel** - Anti-inflammatory, Antiseptic, Relaxing, Stimulating, Tonic. **P** 

**Frankincense** - Anti-inflammatory, Antiseptic, Rejuvenating, Tonic.

Garlic - Antiseptic, Antiviral, Tonic.

**Geranium** - Anti-inflammatory, Antiseptic, Balancing, Stimulating, Tonic, Uplifting.

**Ginger** - Antiseptic, Balancing, Stimulating, Tonic, Warming.

**Grapefruit** - Antiseptic, Refreshing, Stimulating, Tonic.

**Helichrysum** - Anti-inflammatory, Antiseptic, Fixative, Revitalising, Soothing for skin.

**Ho Leaf** - Relaxing. Often substituted for Rosewood.

**Hyssop** - Antiseptic, Antiviral, Clarifying, Relaxing, Stimulating, Tonic. **P** 

**Jasmine** - Anti-inflammatory, Antiseptic, Aphrodisiac, Relaxing, Tonic. **P** 

**Jasmine Sambac** - Aphrodisiac, Antidepressant, Sedative, Antispasmodic, Skin nourishing, skin balancing. P

**Juniper** - Antiseptic, Aphrodisiac, Relaxing, Tonic. **P** 

**Lavender** - Anti-inflammatory, Antiviral, Antiseptic, Balancing, Relaxing, Soothing for skin. Tonic. The most popular oil. **P** 

**Labdanum Absolute** – Anti-microbial, Antiseptic, Expectorant, Emmenagogue, Mature skin, Relaxing, Fivative

**Lemon** - Antibacterial, Astringent, Tonic.

**Lemon Eucalyptus** - Anti-inflammatory, Antiseptic, Antiviral, Calming, Stimulating.

**Lemon Myrtle** - A powerful antibacterial, antiseptic, and antifungal agent. Energising yet calming and clarifying. Good in a vaporiser. Potent oil. Use with caution. **P** 

**Lemongrass** - Anti-inflammatory, Antiseptic, Astringent, Calming, Uplifting, Stimulant, Tonic.

**Lime** - Antibacterial, Antiseptic, Antiviral, Calming, Stimulant.

**Mandarin** - Antiseptic, Harmonising, Stimulating, Tonic, Uplifting.

Manuka - Antiseptic, Relaxing. P

Marjoram - (Cultivated) Antiseptic, Antiviral, Balancing, Calming, Relaxing everyday aches and pains, Tonic. P

**Marjoram** - (Spanish) Antiseptic, Calming, Decongestant, Stimulant.

**May Chang** - Antibacterial, Relaxing. **P** 

Melissa - Emotional balancer, Relaxing, P

**Myrrh** - Anti-inflammatory, Antiseptic, Antiviral, Astringent, Calming, Dry skin, Problem skin, Tonic. **P** 

**Myrtle** - Generally aids respiratory & immune system.

**Neroli** - Antiseptic, Aphrodisiac, Balancing, Calming, Deeply relaxing, Euphoric, Tonic.

**Niaouli** - Antiseptic, Antiviral, Stimulant, Tonic. Similar to Tea Tree in action.

**Nutmeg** - Spicy, Warming. Not recommended for use on the skin. **P** 

**Oakmoss Resin** - Antiseptic, Fixative, To optimise effective respiration. **P** 

**Orange** - Anti-inflammatory, Antiseptic, Astringent, Relaxing, Soothing, Tonic.

**Origanum** - Potent oil, Not recommended for use on the skin. Use with caution. **P** 

**Original Bush Tea Tree** - Strongly Antibacterial, Antifungal, Anti-inflammatory and Antiviral.

**Palmarosa** - Antiseptic, Stimulant, Tonic. Good for balancing dry or oily skin.

Parsley Seed - Potent oil, use with caution. P

**Patchouli** - Anti-inflammatory, Antiseptic, Antiviral Aphrodisiac, Astringent, Stimulant, Tonic.

**Peppermint** - Anti-inflammatory, Antiseptic, Antiviral, Astringent, Cooling and Stimulating. **P** 

**Petitgrain** - Antiseptic, Relaxing, Stimulant, Tonic.

Pimento - Warming. Use with caution. P

**Pine** - Aphrodisiac, Antiseptic, Antiviral, Cleansing, Stimulant, Good in a vaporiser.

Ravensara - Antiseptic, Antivral, Stimulant, Tonic.
Rose Maroc/Turkish - Aphrodisiac, Astringent,

Antiseptic, Euphoric, Sensual, Tonic. **P Rosemary** - Antiseptic, Aphrodisiac, Astringent, Stimulating, Tonic. **P** 

**Sage** - Anti-inflammatory, Antiseptic, Astringent, Tonic. Potent oil. Use with caution.

**Sandalwood Mysore/New Caledonia** - Antiseptic, Aphrodisiac, Astringent, Exotic, Fixative, Relaxing, Sensual, Tonic.

**Spearmint** - Anti-inflammatory, Astringent, Antiseptic, Stimulating, Tonic. **P** 

Spike Lavender - Antibacterial, Camphor. P

Tagette - Potent oil. Use with caution. P

**Tea Tree** - Antibacterial, Antifungal, Anti-inflammatory and Antiviral.

Thyme - (Red) Stimulating, Revitalising.

**Tonka Bean Absolute** - Relaxing, Aphrodisiac, Fixative. **P** 

Valerian Root - Relaxing.

**Verbena** - Aphrodisiac.

**Vetivert** - Antiseptic, Relaxing, Stimulant, Tonic.

**Violet Leaf Absolute** – Anti-inflammatory, Antirheumatic, Antiseptic, Decongestant, Relaxing, Skin soothing. **P** 

Wintergreen - Anti-inflammatory, Astringent,

**Yarrow** - Anti-inflammatory, Antiseptic, Tonic. **Ylang Ylang** - Aphrodisiac, Antiseptic, Relaxing, Soothing, Tonic.

# **Essential Oils**

Common Name	Latin Name	5ml	10ml	25ml	50ml	Part of Plant	Method of Extraction	Country of Origin
Allspice (Pimento)	Pimento dioica (=officinalis)	£11.99	£19.99	£39.99	£67.99	leaves	S	Jamaica
Amyris	Amyris balsamifera		£10.59	£21.09	£35.85	wood	S	Haiti
Angelica Root, Garden	Angelica archangelica	£29.45	£56.19	£112.35	£190.99	dried roots	S	Hungary
Anise (Star Anise)	Illicium verum		£9.09	£18.15	£30.85	fruits	S	China
Balm (Lemon Balm, Melissa)	Melissa officinalis	£33.65				flowering tops, leaves	S	England
Basil	Ocimum basilicum		£10.95	£21.89	£37.19	herb	S	Vietnam
Bay Leaf, West Indian	Pimento racemosa	£9.79	£15.59	£31.19	£52.99	leaves	S	Dominica
Benzoin Resinoid 50%	Styrax benzoin		£10.59	£21.09	£35.85	resin	Α	Thailand
Bergamot	Citrus x aurantium bergamia		£10.35	£20.65	£34.99	fruit	E	Italy
Bergamot FCF*	Citrus x aurantium bergamia		£10.59	£21.09	£35.85	peel of fresh fruit	Е	Italy
Birch, Rectified	Betula alba	£10.75	£16.85	£33.69	£57.29	tar (from all parts of tree)	D, S, V	Russia
Black Pepper	Piper nigrum		£8.79	£17.59	£29.85	dried berries	S	India
Cade, Rectified	Juniperus oxycedrus		£8.59	£16.99	£28.99	tar (from wood)	D, S / V	France
Cajeput	Melaleuca leucadendra		£9.25	£18.49	£31.39	leaves	S	Indonesia
Camphor, White	Cinnamomum camphora		£6.19	£12.35	£20.99	wood	S	China
Cardamon Seed	Elettaria cardamomum	£14.15	£24.35	£48.65	£82.69	pods	S	Guatemala
Carnation	Dianthus caryophyllus	£62.49				flowers	А	France
Caraway Seed	Carum carvi		£10.49	£20.99	£35.69	seeds	S	France
Carrot Seed	Daucus carota	£8.99	£13.35	£26.65	£45.25	seeds	S	India
Cedarwood Atlas	Cedrus atlantica		£7.45	£14.85	£25.19	wood	S	Morocco
Cedarwood Virginia	Juniperus virginiana		£7.89	£15.75	£26.79	wood	S	USA
Chamomile Blue Egyptian	Matricaria chamomilla (=recutita)	£20.19	£36.39	£72.79	£123.79	flowering tops	S	Egypt
Chamomile Roman	Chamaemelum nobile (=Anthemis nobilis)	£15.35	£26.75	£53.45	£90.85	flowering tops	S	England
Cinnamon Leaf	Cinnamomum zelanicum		£6.59	£12.99	£22.15	leaves	S	Sri Lanka
Cinnamon Bark	Cinnamomum zeylanicum	£8.99	£13.35	£26.65	£45.29	bark	S	Sri Lanka
Citronella	Cymbopogon winterianus		£6.99	£13.99	£23.79	grass	S	Sri Lanka / China
Clary Sage	Salvia sclarea	£8.59	£12.59	£25.09	£42.65	flowering tops, leaves	S	Russia
Clove Bud	Eugenia caryophyllata, Syzgium aromaticum		£7.29	£14.59	£24.69	dried flower buds	S	Madagascar
Clove Leaf	Syzygium aromaticum (=Eugenia caryophyllata)		£6.15	£12.29	£20.89	leaves	S	Madagascar
Copaiba Balsam (Oil)	Copaifera officinalis		£11.09	£22.19	£37.69		Steam distil- lation of crude balsam	Brazil
Coriander Seed	Coriandrum sativum		£12.39	£24.75	£41.99	seed	S	Ukraine
Cumin Seed	Cuminum cyminum	£9.29	£13.89	£27.79	£47.25	seed	S	Egypt
Cypress	Cupressus sempervirens		£7.89	£15.75	£26.79	needles, twigs, branches	S	Spain / France
Eucalyptus Globulus	Eucalyptus globulus		£6.19	£12.39	£21.09	leaves	S	China
Eucalyptus Radiata	Eucalyptus radiata var. australiana		£7.69	£15.35	£25.99	leaves	S	Australia
Fennel Seed, Sweet	Foeniculum vulgare (var. dulce)		£8.59	£17.15	£29.09	seed	S	Hungary
Frankincense	Boswellia carterii	£9.65	£15.29	£30.59	£51.99	gum resin	S	Somalia
Galbanum	Ferula gummosa = Ferula galbaniflua & Ferula sp.	£12.25	£20.49	£40.99	£69.69	resin	S	France
Garlic	Allium sativum		£13.25			bulb	S	China
Geranium	Pelargonium graveolens		£12.45	£24.85	£42.25	aerial parts	S	China
Ginger	Zingiber officinalis		£8.95	£17.85	£30.35	roots	S	China
Grapefruit	Citrus x paradisi		£8.15	£16.35	£27.75	fruit	Е	Israel
Helichrysum (Everlasting, Immortelle)	Helichrysum angustifolium	£26.09	£49.49	£98.95	£168.19	flowering tops	S	Balkans
Ho Leaf	Cinnamomum camphora		£7.65	£15.29	£25.95	leaves	S	China
Hyssop	Hyssopus officinalis	£11.35	£18.69	£37.35	£63.45	herb	S	France / Spain
Jasmine	Jasminum officinalis	£42.85				flowers	А	Egypt
Jasmine Sambac Absolute	Jasminum officinalis	£83.35				flowers	А	India
Juniper	Juniperus communis		£9.99	£19.99	£33.99	berries,	S	Slovenia
				5.00		needles		

# **Essential Oils**

Common Name	Latin Name	5ml	10ml	25ml	50ml	Part of Plant	Method of Extraction	Country of Origin
Labdanum Absolute (15ml)	Cistus ladanifer		£31.95	(15ml)		leaves, twigs	A, S	Spain
Lavender	Lavandula angustifolia		£10.09	£20.15	£34.25	flowers	S	France
Lemon	Citrus limon		£7.79	£15.59	£26.49	fruit	E	Italy
Lemon Balm (Melissa)	Melissa officinalis	£33.65				flowering tops, leaves	S	England
Lemon Eucalyptus	Corymbia citriodora (=Eucalyptus citriodora)		£6.75	£13.59	£22.99	leaves	S	Australia
Lemongrass	Cymbopogon flexuosus		£6.45	£12.85	£21.85	grass	S	India
Lemon Myrtle	Backhousia citriodora		£13.79	£27.59	£46.85	leaves	S	Australia
Lemon Verbena	Aloysia citriodora	£26.59				flowering stalks	S	Morocco
Lime	Citrus x aurantifolia		£9.15	£18.29	£31.09	fruit	E, S	Caribbean / Ivory Coast
Mandarin	Citrus reticulata		£6.45	£12.85	£21.85	fruit	E, S	Brazil
Manuka	Leptospermum scoparium	£21.79	£39.65	£79.29	£134.75	leaves, twigs, branches	S	New Zealand
Marjoram, Sweet (Cultivated)	Origanum majorana		£9.75	£19.49	£33.15	herb	S	Egypt
Marjoram, Spanish	Thymus mastichina		£9.69	£19.39	£32.95	herb	S	Spain
May Chang	Litsea cubeba		£8.89	£17.79	£30.25	fruit	S	China
Melissa (Lemon Balm)	Melissa officinalis	£33.65				flowering tops, leaves	S	England
Myrrh	Commiphora myrrha	£13.99	£23.99	£47.99	£81.59	gum	S	Somalia
Myrtle, Common	Myrtis communis		£11.99	£24.09	£40.99	leaves, stalks	S	Morocco
Neroli	Citrus aurantium subs. Amara	£54.59				flowers	S	Tunisia
Niaouli	Melaleuca viridiflora		£8.39	£16.75	£28.49	leaves	S	Madagascar
Nutmeg	Myristica fragrans		£8.89	£17.75	£30.15	ground whole nutmegs	S	Indonesia
Oakmoss Resinoid Absolute	Evernia prunastri	£13.85	£23.75	£47.49	£80.69	lichen	S	France
Orange, Sweet	Citrus x sinensis (Pera variety)		£5.89	£11.75	£19.95	fruit	E	Brazil
Oregano, Common	Origanum vulgare		£12.99	£25.99	£44.19	flowering tops	S	France
Palmarosa	Cymbopogon martinii		£10.95	£21.89	£37.19	grass	S	Madagascar
Palo Santo	Bursera graveolens	£16.35	£28.69	£57.39	£97.59	resin	S	Peru
Parsley Seed	Petroselinum crispum (=sativum)	£10.39	£16.85	£33.65	£57.19	seeds	S	France
Patchouli	Pogostemon cablin		£13.35	£26.65	£45.29	properly dried leaves	S	Indonesia
Peppermint	Mentha piperita		£6.79	£13.59	£22.99	leaves	S	USA
Petitgrain	Citrus aurantium		£8.29	£16.59	£28.15	leaves, twigs	S	Paraguay
Pimento Leaf (Allspice)	Pimento dioica (=officinalis)	£11.99	£19.99	£39.99	£67.99	leaves	S	Jamaica
Pine (Siberian Fir)	Abies sibirica		£8.79	£17.59	£29.85	needles	S	Siberia
Ravensara	Ravensara aromatica		£14.25	£28.45	£48.35	leaves	S	Madagascar
Rose Maroc Absolute	Rosa x centifolia	£39.65				flowers	A	Morocco
Rose Turkish Otto	Rosa x damascena	£186.79				flowers	S	Turkey
Rosemary	Rosmarinus officinalis		£8.45	£16.85	£28.59	herb	S	Spain
Sage, Spanish	Salvia lavandulifolia		£9.69	£19.35	£32.89	herb	S	Spain
Sandalwood, Mysore	Santalum album	£32.45	£62.19	£124.39	£211.45	heartwood	S	India
Sandalwood, New Caledonia	Santalum austrocaledonicum	£31.45	£60.19	£120.39	£204.65	trunk, stump, roots	S	Australia
Spearmint	Mentha spicata		£7.69	£15.39	£26.15	leaves	S	China
Spike Lavender	Lavandula latifolia		£9.99	£20.15	£34.19	flowering tops	S	Spain / France
Star Anise (Anise)	Illicium verum		£9.09	£18.15	£30.85	fruits	S	China
Tagette	Tagetes minuta (=glandulifera)	£9.75	£14.85	£29.65	£50.39	flowering herb	S	Kenya
Tea Tree	Melaleuca alternifolia		£7.35	£14.69	£24.99	leaves	S	S. Africa / Australia
Thyme, Red	Thymus zygis	£10.29	£15.95	£31.89	£54.19	flowering tops, leaves	S	Spain
Tonka Bean Absolute	Dipteryx odorata	£37.59				bean	A, S	France
Turmeric	Curcuma longa		£7.15	£14.29	£24.29	rhizomes	S	India
Valerian Root	Valeriana officinalis	£10.79	£17.59	£35.15	£59.75	roots	S	China
Vanilla Absolute	Vanilla planifolia	£63.75	£124.79	£249.59	£424.35	pods	А	Madagascar
Verbena (Lemon Verbena)	Aloysia citriodora	£26.59				flowering	S	Morocco

# **Essential Oils**

Common Name	Latin Name	5ml	10ml	25ml	50ml	Part of Plant	Method of Extraction	Country of Origin
Vetivert	Chrysopogon (=Vetiveria) zizanioides	£9.69	£15.39	£30.79	£52.35	dried roots	S	Java
Violet Leaf Absolute	Viola Odorata	£36.95				leaves	A, S	France
Wintergreen	Gaultheria procumbens		£7.45	£14.89	£25.35	twigs	S	USA
Yarrow	Achillea millefolium	£16.89	£31.09	£62.15	£105.59	herb	S	England
Ylang Ylang	Cananga odorata		£11.85	£23.69	£40.29	flowers	S	Comoros

# **Organic Essential Oils**

Our range of Organic Essential Oils listed below is produced under the strict Soil Association Symbol Scheme of which we are proud to be a part.



Common Name	Latin Name	5ml	10ml	25ml	50ml	Oml Part of Plant		Country of Origin
Eucalyptus	Eucalyptus globulus		£8.29	£16.59	£28.09	leaves	S	China
Geranium, Rose	Pelargonium graveolens	£9.39	£14.09	£28.15	£47.85	herbaceous parts	S	Madagascar / Kenya
Lavender	Lavandula angustifolia		£10.39	£20.79	£35.35	herb	S	Bulgaria
Lemon	Citrus limon		£8.59	£17.15	£29.15	fruit	Е	Italy
Peppermint	Mentha piperita		£9.65	£19.29	£32.79	herb	S	India
Rosemary	Rosmarinus officinalis		£9.99	£19.95	£33.95	leaves	S	N. Africa
Tea Tree	Melaleuca alternifolia		£8.89	£17.75	£30.15	leaves	S	Australia
Ylang Ylang	Cananga odorata		£15.95	£31.85	£54.15	flowers	S	Madagascar

#### Diluted Essential Oils in Jojoba (10%)

Essential Oils are diluted into cold pressed Jojoba oil giving all the benefits of the most expensive Essential Oils at an affordable price.

Common Name	5ml	10ml	Part of Plant	Method of Extraction	Country of Origin
Carnation Dilute	£14.65	£24.85	flowers	А	France
Jasmine Dilute	£11.39	£18.35	flowers	А	Egypt
Melissa Dilute	£9.85	£15.29	flowering tops, leaves	S	England
Neroli Dilute	£13.29	£22.19	flowers	S	Tunisia
Rose Maroc Dilute	£10.85	£17.29	flowers	А	Morocco
Rose Turkish Dilute	£35.15	£65.85	flowers	S	Turkey
Sandalwood Mysore Dilute	£9.65	£14.95	heartwood	S	India

#### **Christmas Oil**

Our superb blend of Cinnamon, Clove, Nutmeg, Orange and Pine Essential Oils.

Name	10ml	25ml	50ml
Christmas Oil	£6.45	£12.89	£21.95

#### **Balsams & Resinoids**

Common Name	Latin Name	30ml	Method of Extraction	Country of Origin
Copaiba Balsam	Copaifera officinalis	£13.85	Crude balsam	Brazil
Peru Balsam	Myroxylon balsamum var. pereirae	£19.85	Crude balsam	El Salvador
Storax Resinoid, Levant	Liquidambar orientalis	£38.49	А	Turkey
Tolu Balsam Absolute	Myroxylon balsamum var. balsamum	£32.59	А	Colombia / Venezeula

## **Base Oils**

We offer a large range of natural and pre-blended Base Oils that can be used on their own or to dilute Essential Oils for use on the skin.

Common Name	Latin Name	Description	25ml	50ml	100ml	250ml	500ml	1 Litre	5 Litre	25 Litre	Country of Origin
Almond, Sweet BP73†	Prunus amygdalus dulcis	Refined			£4.45	£6.65	£10.15	£18.99	£67.85	£294.99	EU / Argentina
Almond, Sweet	Prunus amygdalus dulcis	Organic, Cold Pressed			£5.99	£11.85	£21.45	£41.99			Various
Apricot Kernel	Prunus armeniaca	Refined			£7.29	£11.19	£17.49	£32.99	£123.29		EU
Argan	Argania spinosa	Organic, Cold Pressed, Deodorised	£10.95	£17.69	£30.95	£70.29	£135.69	£269.39			Morocco
Avocado	Persea americana (=gratissima)	Organic, Cold Pressed		£8.25	£11.99	£23.09	£41.29	£80.59			Spain / S. Africa
Avocado	Persea americana (=gratissima)	Refined			£8.35	£13.85	£22.75	£43.59	£175.85		South Africa
Avocado	Persea americana (=gratissima)	Unrefined, Cold Pressed			£10.29	£18.65	£32.45	£62.95			S.Africa
Batana	Elaeis oleifera	Cold Pressed (supplied in jars)		(120ml)	£10.09	£16.35	£30.79				Colombia
Black Seed (Black Cumin)	Nigella sativa	Organic, Cold Pressed		£9.99	£15.69	£32.19	£59.59	£116.99			Israel
Candlenut (Kukui Nut)	Aleurites moluccanus	Refined		£7.65	£10.85	£20.09	£35.35	£68.65			Malayasia
Castor	Ricinus communis	Refined			£8.15	£11.35	£17.85	£33.65			India
Castor	Ricinus communis	Organic, Cold Pressed			£8.15	£11.35	£17.85	£33.65			India
Coconut	Cocos nucifera	Solid, Refined				£9.99	£16.99	£26.25			Indonesia / Phillipines
Coconut (Fractionated)	From Cocos nucifera. Caprylic / Capric triglyceride.	(MCT - Medium Chain Triglycerides)			£8.75	£14.79	£24.69	£47.39	£195.19		Malayasia / Indonesia
Evening Primrose 9% GLA††	Oenothera biennis	Cold Pressed, Lightly Refined w/o use of solvents, to maintain EFA profile		£10.79	£17.09	£35.75	£66.59	£131.25	£614.29		EU / China
Grapeseed	Vitis vinifera	Refined				£7.09	£10.99	£20.75	£76.65	£338.99	EU / S. America
Hemp Seed	Cannabis sativa	Organic, Cold Pressed			£6.79	£12.49	£21.85	£42.45			Netherland
Jojoba Seed	Simmondsia chinensis	Golden, Cold Pressed		£8.89	£13.29	£26.25	£47.65	£93.29			Israel
Kukui Nut	Aleurites moluccanus	Refined		£7.65	£10.85	£20.09	£35.35	£68.65			Malayasia
Macadamia Nut	Macadamia ternifolia	Refined			£9.39	£16.45	£27.99	£53.95	£227.95		Spain
Moringa Seed	Moringa oleifera	Cold Pressed	£8.75	£13.25	£22.09	£48.19	£91.59	£181.09			India / Kenya
Mustard Seed	Brassica juncea & Sinapsis alba	Cold Pressed		£6.39	£8.39						Germany
Neem Seed	Azadirachta indica (=Melia azadirachta)	Organic, Cold Pressed			£8.79	£14.95	£24.95	£47.95			India
Olive	Olea europea	Refined Virgin			£5.59	£9.45	£15.69	£30.09	£123.59		Spain
Olive	Olea europea	Extra Virgin				£6.69	£10.99	14.99 (750ml)	£88.89		Greece
Peach Kernel	Prunus persica	Refined				£11.35	£17.79	£33.59	£126.15		EU
Pomegranate Seed	Punica granatum	Organic, Cold Pressed	£8.59	£12.99	£21.59	£46.95	£88.99				Turkey
Rosehip Seed	Rosa canina	Organic, Cold Pressed	£11.25	£18.25	£31.99	£72.99	£141.25	£280.59			Chile / Bulgaria
Sea Buckthorn Fruit	Hippophae rhamnoides	Cold Pressed	£9.35	£14.45	£24.45	£53.99	£103.19	£204.45			Germany
Sesame Seed BP†	Sesamum indicum	Refined		(120ml)	£7.59	£11.95	£18.99	£36.15	£138.75		Mexico
Tamanu Seed	Calophyllum inophyllum	Organic, Cold Pressed	£8.85	£13.45	£22.45	£49.09	£93.25	£184.59			Vietnam
Vitamin E	From wheatgerm	Refined			£11.45	£20.95	£36.49	£70.79	£308.15		Europe / Argentina
Wheatgerm	Tricutum aestivum	Unrefined			£9.85	£16.89	£28.39	£54.65	£227.35		Various

## **Macerated Oils**

These oils are made by a process of cold infusion. The herb is submerged into Sweet Almond (SA), Sunflower Seed (SS) or Coconut Oil (CO) and left for up to a month for the maceration to take place. The oil is then filtered and the properties of the herb retained.

Common Name	Latin Name	Description	50ml	100ml	250ml	500ml	1 Litre
Comfrey Leaf	Symphytum officinale	SS	£6.95	£9.49	£16.75	£28.59	£55.19
Marigold Flower	Calendula officinalis	SS	£6.39	£8.35	£13.85	£22.79	£43.59
Monoi Flower	Gardenia taitensis	CO, Supplied in Jars	(120ml)	£11.99	£17.75	£32.59	£57.39
St John's Wort	Hypericum perforatum	SS	£8.39	£12.35	£23.85	£42.75	£83.59

#### Floral Waters and Distillates

Floral Waters are created in the distillation process when producing floral Essential Oils.

Common Name	Latin Name	Description	100ml	250ml	500ml	1 Litre	5 Litre	Country of Origin
Distilled Witch Hazel BP†	Hamamelis virginiana		£7.49	£11.69	£18.49	£34.99	£133.09	USA
Glycerine, Vegetable BP† 99.5%	From Rapeseed (Brassica napus)		£8.65	£12.59	£20.19	£38.45	£150.35	Germany
Lavender Water	Lavandula angustifolia	Organic	£9.59	£16.95	£28.99	£55.99	£237.99	Bulgaria
Orange Flower Water (Neroli)	Citrus x aurantium amara		£12.99	£24.39	£43.15	£83.99	£371.65	Morocco
Rosewater	Rosa damascena	Organic	£9.49	£16.69	£28.45	£54.95	£232.85	Bulgaria
Turpentine Pine Essential Oil	Pinus sp.		£10.25	£18.59	£32.35	£62.69	£271.49	Austria

#### Waxes

Common Name	Latin Name	25g	100g	250g	500g	1000g	Country of Origin
Beeswax Block, Yellow	£5.59 (approx. 28g each)						
Beeswax Pellets, White BP†		£4.39	£12.59	£26.75	£45.49		
Beeswax Pellets, Yellow BP†		£4.95	£13.99	£29.89	£50.85		
Emulsifying Wax, Vegetable BP†	From Rapeseed (Brassica napus)	£2.39	£6.75	£14.35	£24.45		USA
Jojoba Wax		£3.19	£9.15	£19.39	£32.99		
Rapeseed Wax					£16.75	£28.49	
Soya Wax C3		£1.59	£4.49	£9.59	£16.25		

Our vegetable waxes are palm oil free.

#### **Butters**

Common Name	Latin Name	Description	25g	100g	250g	500g	Country of Origin
Cocoa Butter	Theobroma cacao	Solid, Deodorised	£1.89	£5.39	£11.45	£19.49	W. Africa
Cocoa Butter (Organic)	Theobroma cacao	Solid	£4.95	£14.15	£30.09	£51.25	Ivory Coast
Common Name	Latin Name	Description	120ml	250ml	500ml	1 Litre	Country of Origin
Common Name Mango Butter	Latin Name Mangifera indica	Description  Cold Pressed, Refined (Supplied in jars)	120ml £11.19	250ml £15.99	500ml £28.99	1 Litre £50.35	, ,

†Pharmaceutical Grade (conforms to purity standards set by the British Pharmacopoeia)

#### **Base Products**

Our mild, gentle and unfragranced bases are the perfect way to create a unique range of natural creams, lotions, massage oils, shampoos and conditioners.

Base Lotion			
Ingredients	250ml	500ml	1 Litre
Aqua (water), Aloe barbadensis (Organic Leaf) Extract, Helianthus annuss (Organic Sunflower) Oil, Cococs nucifera (Organic Coconut) Oil, Stearic Acid, Cetearyl Alcohol, Glycerin, Phenoxyethanol Ethylhexylglycerin, Cetyl Alcohol, Coco Glucosides, Hippophae rhamnoides (Sea Buckthorn) Extract, Tocopherol, Phytic Acid, Sodium Hydroxide, Benzyl Alcohol.	£9.85	£15.25	£25.75

Light Base Cream			
Ingredients	250ml	500ml	1 Litre
Aqua (water), Aloe barbadensis (Organic Leaf) Extract, Caprylic / Capric Triglyceride (Light Coconut Oil), Prunus armeniaca (Apricot Kernel) Oil, Glyceryl Stearate, Stearic Acid, Glycerin, Cetearth-20, Phenoxyethanol & Ethylhexyglycerin, Hippophae rhamnoides (Sea Buckthorn) Extract, Cetyl Alcohol, Carbomer, Tocopherol, Retinyl Palmitate (Vitamin A), Sodium Hydroxide, Benzyl Alcohol	£11.29	£20.45	£36.79

Thick Base Cream			
Ingredients	250ml	500ml	1 Litre
Aqua (Water), Aloe barbadensis (Organic Leaf) Extract, Helianthus annuss (Organic Sunflower) Oil, Butyrospermum parkii (Organic Shea) Oil, Cetearyl Alcohol, Cetyl Alcohol, Stearic Acid, Glycerin, Coco Caprylate, Theobroma cacao (Organic Cocoa) Seed Butter, Glyceryl Stearate, Phenoxyethanol & Ethylhexyglycerin, Hippophae rhamnoides (Sea Buckthorn) Extract, Coco Glucosides, Tocopherol, Sodium Hydroxide, Phytic Acid	£11.29	£20.45	£36.79

Shower Gel and Bath Base				
Ingredients	250ml	500ml	1 Litre	
Aqua (Water), Ccocmidopropyl Betaine, Decyl Glucoside, Sodium Cocoamphoacetate, Coco Glucoside, Glycerin, Xanthan Gum, Benzyl Alcohol, Dehydro Acetic Acid, Sorbic Acid, Benzoic Acid, Hippophae rhamndoides (Sea Buckthorn) Extract, Quillaja saponaria (Soapbark) Extract, Citric Acid	£9.19	£13.99	£23.25	

Bath Milk Base			
Ingredients	250ml	500ml	1 Litre
Glycine Soja Oil, Polysorbate 80	£9.95	£15.49	£26.25

Massage Oil Base			
Ingredients	250ml	500ml	1 Litre
A blend of Sweet Almond, Grapeseed, Vitamin E, Evening Primrose and Wheatgerm oils.	£8.65	£12.89	£20.99

Richer Massage Oil Base			
Ingredients	250ml	500ml	1 Litre
A blend of Sweet Almond, Coconut, Grapeseed, Jojoba, Avocado, Evening Primrose, Vitamin E and Wheatgerm oils.	£9.29	£14.19	£23.69

Shampoo Base			
Ingredients	250ml	500ml	1 Litre
Aqua (Water), Cocomidopropyl Betaine, Coco Glucoside, Sodium Cocoamphoacetate, Decyl Glucoside, Glycerin, Xanthan Gum, Benzyl Alcohol, Dehydro Acetic Acid, Sorbic Acid, Benzoic Acid, Hippophae rhamnoides (Sea Buckthorn) Extract, Quillaja Saponaria (Soapbark) Extract, Citric Acid	£8.99	£13.69	£22.65

Conditioner Base			
Ingredients	250ml	500ml	1 Litre
Aqua (water), Cetyl Alcohol, Cetrimonium Chloride, Cocos nucifers (Organic Coconut) Oil, Glyceryl Stearate S/E, Phenoxyethanol & Ethylhexyglycerin, Hippophae rhamnoides (Sea Buckthorn) Extract, Citric Acid, Tocopherol, Benzyl Alcohol	£8.85	£13.35	£21.95

#### Olive Tree Base Products

A range of luxury, unscented, skin-friendly personal care products based on the moisturising, conditioning and softening cosmetic properties of olive oil.

#### **Body Wash Base**

A very mild non irritating formula provides excellent cleansing leaving even the most delicate skin types fresh and ready to go.

Ingredients	250ml	500ml	1 Litre
Aqua – Sodium coco-sulphate – Caprylyl/capryl glucoside – Glycerin – Coco-glucoside – Sodium benzoate – Xanthan gum – Glyceryl oleate – Potassium sorbate – Hydrolysed rice protein – Olea europaea leaf extract.	£10.15	£15.89	£26.99

#### **Light Cream Base**

Great for those with a more oily skin type or as a light day cream for all. Leaves the skin velvety smooth.

Ingredients	250ml	500ml	1 Litre
Aqua – Olea europaea fruit oil – Prunus amygdalcis oil – Glyceryl stearate – Cetyl alcohol – Butyrospermum parkii butter – Glycerin – Ceteareth-20 – Sodium benzoate – Olea europaea unsaponifiables–Potassium sorbate – Tocopherol – Olea europaea leaf extract.	£10.95	£19.69	£35.25

#### Shampoo Base

A gentle but deep cleansing shampoo mild enough for everyday use. Wheat protein and Panthenol smooth the hair shaft and add shine and freshness to all hair types.

Ingredients	250ml	500ml	1 Litre
Aqua – Sodium coco-sulphate – Caprylyl/capryl glucoside – Glycerin – Coco-glucoside – Sodium benzoate – Panthenol – Xanthan gum – Glyceryl oleate – Potassium sorbate – Hydrolysed wheat protein – Olea europaea leaf extract.	£10.15	£15.89	£26.99

#### **Lotion Base**

This light, soothing lotion provides emollience and suppleness for the skin without leaving a greasy feel. Perfect for after a morning shower.

Ingredients	250ml	500ml	1 Litre
Aqua - Olea europaea fruit oil - Glyceryl stearate - Glycerin - Helianthus annus seed oil - Ceteareth-20 - Butyrospermum parkii butter - Cetyl alcohol - Sodium benzoate - Xanthan gum - Potassium sorbate - Tocopherol - Olea europaea leaf extract.	£9.85	£15.25	£25.75

#### **Rich Cream Base**

A rich and deeply moisturising cream to give your skin a lasting soft and elegant feel. A perfect day cream for those with dry skin or as an overnight cream for skin in need of nourishment.

Ingredients	250ml	500ml	1 Litre
Aqua - Olea europaea fruit oil - Butyrospermum parkii butter - Cetyl alcohol - Glyceryl stearate - Glycerin - Ceteareth-20 - Olea europaea unsaponifiables - Sodium benzoate - Potassium sorbate - Tocopherol - Olea europaea leaf extract.	£10.95	£19.69	£35.25

#### **Conditioner Base**

A lovely rich and creamy conditioner made with ingredients to leave all hair types exceptionally sleek, healthy and easy to manage.

Ingredients	250ml	500ml	1 Litre
Aqua – Cetyl alcohol – Glycerin – Behentrimonium methosulfate – Sodium benzoate – Simmondsia chinensis seed oil – Olea europaea fruit oil – Potassium sorbate – Hydroxypropyl guar hydroxypropyltrimonium chloride – Olea europaea	£10.79	£17.19	£29.65

# **Soap Crafting**

#### Melt and Mould Soap

The easy way to start soap making is with our Melt and Mould soap. So easy to use, melt in a microwave or bain marie, add fragrance, colour, dried flowers or anything else. Leave to set for a couple of hours and Voilà, you're a soap maker.

	500g	1kg
Clear	£7.79	£12.79
White	£7.79	£12.79
Clear (SLS Free)	£7.99	£13.15
White (SLS Free)	£7.99	£13.15
Organic (Natural Light Brown)	£9.79	£16.79

#### Zeal General Purpose Thermometer

Made from the highest quality glass that has been specially selected to have uniform Capillary bore and to be free from strain.

Total Length 215mm/21.5cm

£9.39

#### Silicone Soap Mould

Baldwin's Silicone soap moulds are made from high quaility silicone. Makes 6 x 150g (approx.) bars.Each bar will measure HxWxL: 26mmx59mmx79mm (approx.)

£7.25

#### The Natural Soap Book

Clear guidance and step by step instruction on making your own soaps both additive free and natural. Susan Miller Cavitch is the founder and president of Soap Essentials Inc. This authoritative book on making herbal vegetable based soaps is an invaluable soap maker's purchase.

£12.99

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#### Neroli and Willow Bark Skin Care

New to our exclusive product range is our Neroli & Willow Bark Balancing Skincare Range. We have specially formulated this luxurious botanical blend to cleanse, balance and revive skin, and help maintain a clear complexion. With added natural ingredients and Essential Oils, it's perfect for combination to oily, acne-prone skin – but suitable for all skin types.

#### Balancing Face Wash

A skin balancing face wash to gently remove impurities, leaving skin fresh and clean. The antioxidants and anti-inflammatory properties of Willow Bark makes it an effective botanical for gently exfoliating, balancing and cleansing sking by controlling sebum production and unclogging pores. Neroli will maintain moisture levels and balance oily skin, leaving skin perfectly balanced, looking fresh and clean.

100ml £11.19

#### **Balancing Clay Face Mask**

This Neroli & Willow Bark clay face mask has been carefully blended to unclog pores and absorb excess oil from the skin. With additional botanicals of Chamomile and Aloe Vera to leave your skin smooth and clean.

60ml £12.35

#### **Balancing Serum**

This serum with its light-weight formula soothes irritation and reduces shine in oily/combination skin. Ideal for all skin types including problem/ sensitive skin. Leaves skin moisturised and radiant.

30ml £14.59

#### **Balancing Face Cream**

A calming and moisturising cream with Neroli and Bergamot to keep skin hydrated, balanced and clear all day long. The astringent and anti-inflammatory properties of Willow Bark tone the skin and reduce inflammation. The ideal moisturiser for oily/combination skin, as well as all skin types to maintain a clear complexion.

60ml £15.59

#### Balancing, Exfoliating Hand & Body Wash

A gentle exfoliating hand and body wash to polish the skin leaving it smooth and refreshed. Neroli is well-known for its skin revitalising benefits and together with Willow Bark their anti-inflammatory properties will revive the appearance of the skin. The added astringent benefits of Willow Bark gently soften and exfoliate dead skin cells leaving your skin cleansed, smooth and refreshed.

250ml £13.45

#### **Balancing Body Lotion**

A luxurious body cream that soothes and leaves the skin smooth and hydrated. The wonderful combination of Neroli & Willow Bark have natural anti-inflammatory and skin-reviving properties, to sooth, soften and revitalise skin leaving it smooth and hydrated.

250ml £13.45

# Men's Range - Green Tea & Frankincense

Green Tea & Frankincense are combined with a blend of effective ingredients for their anti-bacterial and anti-inflammatory properties to improve skin condition and appearance.

#### Refreshing Facial Wash With Cucumber, Seaweed Extracts

Fresh and mild with revitalising cucumber and toning seaweed extracts to leave facial skin thoroughly cleansed of grime and everyday pollutants.

100ml £15.49

#### Smoothing Shaving Oil With Argan & Shea

A nutritive and lubricating blend of argan, shea and jojoba oils together with a rich green tea extract for a non-irritating, chemical free, skin conditioning shave.

10ml £6.95

# Exfoliating Facial Scrub With Bamboo & Almond Shell

A deep cleansing scrub using finely milled bamboo particles plus tiny, rounded granules of almond shell in a mildly foaming frankincense infused base for fresh, clean, and vibrant skin.

60ml £10.85

#### Hydrating Skin Lotion With Ginseng, Chickweed and Jojoba

Chickweed and jojoba oils are blended with a ginseng root extract, containing a rich source of ginsenosides, shown to stimulate collagen synthesis. This combination is used to help improve skin tone and promote a healthy-looking, soft, and smooth complexion.

100ml £13.45

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# Pomegranate, Bilberry & Rose Skin Care

A sumptuous range of highly effective skincare products consisting of naturally derived and high performance key ingredients including pomegranate, bilberry and rose together with botanical extracts, hydrosols plus an Essential Oil blend of unparalleled luxury.

#### Rich Cleansing Lotion with White Clay & Papaya Oil

Kaolin and papaya together with the botanical extracts of purifying red clover and bilberry gently removes everyday grime and makeup, leaving your skin clean, bright, and radiant.

150ml £13.15

# Alcohol-Free Revitalising Skin Tonic with UK crop grown distillates & vitamin C

A refreshing and revitalising combination of floral hydrosols, herbal infusions, and vitamin C to leave your skin toned, fresh and comfortable.

150ml £13.15

# Nourishing Night Cream with Oat Oil & Calendula Extract

Full of the highly effective skin emollient and nutrient rich oat kernel oil plus soothing calendula extract and skin softening mango butter our night cream offers a significant improvement in skin smoothness, tone, and elasticity to reduce the appearance of fine lines and an enhanced skin feel.

60ml £15.25

#### Bath Salt

Developed to complement our popular Pomegranate, Bilberry and Rose range, this luxurious Bath Salt is enriched with Rose, Lavender, Geranium and Neroli essential oils, to leave your skin feeling silky smooth.

310g £17.59

#### Cleansing Facial Scrub with Rosehip & Bamboo Powder

A deep cleansing scrub using tiny particles of rosehip and bamboo powder to remove dead skin cells leaving a soft, clean, and polished complexion gently and effectively.

60ml £10.85

#### Rejuvenating Day Cream with Honeybush Tea Extract and Blackcurrant Seed Oil

A combination of highly valued fruit and seed oil to promote skin softness, antioxidant rich honeybush extract to protect the skin from harmful free-radicals and the soothing, smoothing properties of natural vitamin e for the upmost in daytime skin care.

60ml £15.25

# Smoothing Eye Cream with Arnica Oil, Borage & Acacia

Our light, easily absorbed cream containing the refreshing hydrosols of rose, lavender, geranium and orange blossom glides smoothly over the eye area giving a long-lasting hydrating effect. Arnica and borage oils, together with acacia gum, can help reduce dark circles and puffiness whilst preventing moisture loss.

15ml £11.09

#### **Body Lotion**

A wonderful combination of skin revitalising floral waters, botanical extracts and the light easily absorbed oil from sunflower seeds. Our deliciously scented non greasy body lotion sinks in quickly and will keep you skin smooth as silk and feeling remarkably pampered.

250ml £19.65

#### **Face Oils**

Our range of facial oils will nourish and refine your skin, leaving it soft and hydrated.

#### Dry

A deeply moisturising blend of Apricot, Wheatgerm, Avocado, Jojoba and Vitamin E combined with pure essential oils of Geranium, Benzoin, Chamomile (maroc), Patchouli and Sandalwood to soothe, nourish and rehydrate dry, ageing and sensitive skin.

50ml £7.99

#### Normal

Pure essential oils of Rose (maroc), Lavender, Lemon and Chamomile (maroc) combined with Apricot, Evening Primrose and Vitamin E provide a nourishing and restorative moisturising oil for dry to normal skin types.

50ml £10.09

#### Oily

Pure essential oils of Sweet Orange, Lemon, Petitgrain, Juniper, Rosemary and Frankincense when combined with Grapeseed, Hazelnut and Carrot provide a gentle antiseptic and astringent action, which supports the skin's balancing process. Ideal for oily and blemished skin.

50ml £7.65

# **Bath & Body Oils**

Carefully selected collection of Essential Oils and natural products will help soothe and restore body and soul.

#### De-toxifying

Grapefruit, Fennel and Juniper together with Oregano and Cypress produce a toning effect, stimulating the breakdown of cellulite.

	50ml	100ml
Bath Oil		£10.45
Body Oil	£8.15	£11.79

#### Everyday aches and pains

Nutmeg, Eucalyptus, Marjoram, Rosemary and Black Pepper provide a deeply restorative effect following physical exertion.

	50ml	100ml
Bath Oil		£9.99
Body Oil	£7.99	£11.59

#### Harmonising

Lavender, Marjoram and Geranium have been blended to produce a relaxing oil to soothe restore and balance the system.

	50ml	100ml
Bath Oil		£11.25
Body Oil	£7.85	£11.39

#### Refreshing

A spicy formula combining Orange and Geranium, this blend is designed to refresh and revitalise both mind and body - the ideal blend for those jaded moments.

	50ml	100ml
Bath Oil		£9.45
Body Oil	£7.65	£10.99

#### Revitalising

An exhilarating blend of Lavender, Peppermint and Lemon, guaranteed to wake you up and leave you feeling raring to go!

	50ml	100ml
Bath Oil		£10.89
Body Oil	£7.35	£10.65

#### Sensual

An exotic blend of Essential Oil of Rose (maroc), Jasmine and Ylang Ylang provide a euphoric concoction when combined with the uplifting qualities of Sweet Orange, Clary Sage and the balancing properties of Sandalwood, particularly nourishing for Dry, Mature Skin.

	50ml	100ml
Bath Oil		£16.69
Body Oil	£11.39	£16.59

#### Soothing

The soothing and relaxing properties of Lavender and Chamomile (maroc) have been carefully blended with Bergamot for its uplifting qualities and Neroli known for its sensual effects to produce a luxuriant skin-oil.

	50ml	100ml
Bath Oil		£14.19
Body Oil	£11.29	£16.39

# Infant Massage Oil & Foot Lotion

#### Infant Massage Oil

This specially formulated oil moisturises and protects baby's skin. The unique blend of Chamomile and Lavender in a Sweet Almond base is suitably gentle yet effective in its soothing properties.

50ml	£5.45
100ml	£7.39

#### Foot Lotion

A light soothing lotion which combines the cooling and refreshing effects of Peppermint Oil with the antiseptic deodorising properties of Eucalyptus and Rosemary to revive tired legs and weary feet. The addition of Benzoin helps to ensure its moisturising effects.

60ml	£8.09
120ml	£12.35

# Body Wash, Body Balm, Bath Salt & Soap

Baldwin's Bath and Body range combines the benefits of Essential Oils and natural ingredients to refresh, invigorate and moisturise.

#### Citrus

With Mandarin, Grapefruit and Lime. If you lack energy these zesty fragrances, together with that of Lemongrass, Bergamot and Lemon will awaken and refresh you. Enlivening both body and mind.

	250ml	120g	310g
Citrus Body Wash	£11.49		
Citrus Body Balm	£11.29		
Citrus Bath Salts			£16.19
Citrus Soap	1	£5.99	

#### Revitalising

An exhilarating blend of Lavender, Peppermint and Lemon, Guaranteed to wake you up and leave you feeling raring to go!

Revitalising Soap	t	5.99
Revitalising Bath Salts		£16.29
Revitalising Body Balm	£11.35	
Revitalising Body Wash	£11.59	
	<b>250ml</b> 1	20g 310g

#### Moisturising

A luxurious combination of essential oils. The lingering floral fragrance of Ylang Ylang harmonises perfectly with Lavender and Orange to soothe and uplift the mind. Enriched with the replenishing properties of Geranium and Jojoba to leave your skin feeling smooth, supple and protected from dryness.

	250ml	120g	310g
Moisturising Body Wash	£12.15		
Moisturising Body Balm	£11.85		
Moisturising Bath Salts			£17.49
Moisturising Soap		£5.99	

# **Shampoos & Conditioners**

Our haircare products are made with natural, mild ingredients to gently cleanse, nourish and condition the scalp and hair.

# Anti-Dandruff Shampoo with Sage & Tea Tree

Astringent, antibacterial shampoo for healthy scalp and radiant hair. Essential Oils of Eucalyptus, Peppermint, Lemon, Basil and Tea Tree strengthens, adds shine and stimulates the hair and scalp. Purifying and soothing to the skin especially where dry, scaly dandruff is a problem. Use in conjunction with Sage & Tea Tree conditioner.

250ml £11.45

# Conditioner for Anti-Dandruff Hair with Sage & Tea Tree

Enriched with Coconut and Evening Primrose to maximise beneficial conditioning effects.

250ml £12.19

#### Dry Hair Shampoo with Ylang Ylang & Lavender

For dry, damaged and brittle hair the combination of Parsley, Sandalwood and Chamomile provides a restorative effect further enhanced by the nourishing benefits of coconut oil. A gentle shampoo which together with Ylang Ylang & Lavender conditioner will protect and restore vitality to dry, damaged hair.

250ml £14.79

# Normal Hair Shampoo with Geranium & Orange

Gentle yet deeply cleansing and refreshing with Orange, Geranium, Bergamot and Lemon to assist in the removal of residue 'build up' leaving hair strong and shiny. Starflower, Carrot and Jojoba ensure good condition is maintained. For maximum benefit use in conjunction with Geranium & Orange conditioner.

250ml £11.65

# Conditioner for Dry Hair with Ylang Ylang & Lavender

Will protect and restore vitality to dry, damaged hair.

250ml £13.19

# Conditioner for Normal Hair with Geranium & Orange

For increased strength and manageability and a healthy shine.

250ml £12.59

# Baldwin's Natural Luxury Handmade Soaps

£6.75

£6.75

£6.75

£7.35

#### Beez Kneez

A delicious blend of oils with a touch of beeswax and honey to make a beautiful, smooth, luxurious soap. Scented with a spicy blend of Cinnamon, Clove bud, Geranium, Nutmeg and West Indian Bay essential oils.

#### Cardamon and Orange

A lovely, exotically scented soap - conjuring souks in Morocco and Turkish coffee! This is all due to the Cardamon in this soap - a beautiful essential oil, especially when mixed with Orange, as here.

#### Cedarwood and Lemon

A deep forest green bar, designed to appeal to men and women alike. Avocado oil has been included for its wonderful skinbenefiting properties. Cleanly scented with essential oils of Lemongrass, May Chang and Cedarwood.

#### Evening Primrose

A beautiful soap - emollient and gentle. Evening Primrose oil, Sweet Almond oil and Apricot Kernel oil all play a part in the feel of this lovely soap. Scented with essential oils of Frankincense, Sweet Orange and Grapefruit.

#### Hemp

Hemp oil, rich in essential fatty acids, vitamins and enzymes that are easily absorbed by the skin, has been added this lovely, rich, moisturising soap. It has the clean scent of Rosemary, Tea Tree and Lavender essential oils and has to be tried to be appreciated.

#### Honey, Lemon and Oatmeal

An exfoliating soap designed to gently remove debris from the skin's surface. Honey is added for its moisturising, anti-bacterial effect and its skin-soothing benefits. Scented with essential oil of Lemongrass, May Chang and a touch of Cedarwood to anchor the Lemon scent.

#### Lavender

Our most popular soap. A beautiful soap with the soothing qualities of Lavender essential oil.

# **Shampoo Soaps**

#### Neem Shampoo Soap

Neem oil pressed from the fruit and seeds of the Neem tree native to India, scented with Cinnamon leaf and Tea Tree Essential Oils which have been shown to be effective against head lice.

£7.35

#### Tropical Coconut Shampoo Soap

A shampoo soap that really does work! Enriched with a wonderful cocktail of exotic oils which will leave your hair soft and shiny.

#### Milk Spice

The goat's milk in this bar has wonderful moisturizing properties. Shea butter is included for its superb gentle skin-nourishing abilities. Sweet Orange, Clove Bud, Cinnamon Leaf, Cardamon and Nutmeg essential oils are added for their delicious spicy scent.

#### Mint Swirl

An uplifting and revitalising soap made with peppermint essential oil which has a cooling and refreshing scent.

#### Moody Blue

A beautiful aqua blue soap with small chunks of white scattered through it. The scent is wonderfully fresh: Lavender, Juniper, Lemongrass and Ho Leaf essential oils combine to evoke a Mediterranean atmosphere, enjoy!

#### Rosemary

A lovely, old fashioned soap, scented with essential oil of Rosemary, Vetivert and Amyris, with the addition of finely powdered Rosemary leaves for gentle exfoliation. Avocado oil is added to soothe the skin.

#### Sheer Silk

A very special soap! Made to a luxurious recipe, this soap is scented with beautiful feminine scents of Geranium, Lavender and Chamomile, with the added benefits of real silk.

#### Tea Tree

All the cleansing and anti-bacterial properties of Tea Tree essential oil combined in a soft natural soap.

#### £6.75

£6.75

£6.75

£6.75

£6.75

#### Ylang Ylang

A beautifully scented soap with the euphoric, sensual fragrance of Ylang Ylang.

# **Shaving Soap**

#### Juniper Shaving Soap

Neem oil pressed from the fruit and seeds of the Neem tree native to India, scented with Cinnamon leaf and Tea Tree Essential Oils which have been shown to be effective against head lice.

£11.25

# Castile Soap

#### 98.79% Organic Liquid Castile Soap

Unscented, mild and gentle can be used in the bath, shower, for shaving, cleaning surfaces, and hand washing clothes. Can also be used in homemade face and body scrubs. Use unscented or add just a few drops of your favourite essential oils to make it your own personal tailored product.

250ml	500ml	1 Litre
£5.89	£9.59	£14.75

## **Amber Alpha Glass Bottles**

A range of versatile bottles that can be used with a variety of different closures.



### with Screw Caps and Plug Inserts

These are the bottles we use to pack our essential oils. The black caps are tamper evident, and are fitted with a plastic plug insert. When you screw on the cap the plug insert is pushed into the neck of the bottle, and dispenses a steady flow of drops when the bottle is inverted.

Size	Colour	Unit Price (each)	Tray Size	Tray Price
5ml	Amber	£0.89	186	£148.99
10ml	Amber	£0.89	180	£144.18
25ml	Amber	£1.09	168	£164.81
30ml	Amber	£1.09	104	£102.02
50ml	Amber	£1.19	105	£112.46
100ml	Amber	£1.29	68	£78.95

Available with Standard Plugs (for normal viscosity oils) or Thick Plugs (for use with thicker oils). Please specify which plug you require when ordering. If you do not require a cap with a plug insert, please see our Alpha bottles with Plain Caps.

with Lotion Pump Tops				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
5ml	Amber	£2.29	186	£383.35
10ml	Amber	£2.29	180	£370.98
25ml	Amber	£2.49	168	£376.49
30ml	Amber	£2.49	104	£233.06
50ml	Amber	£2.59	105	£244.76
100ml	Amber	£2.69	68	£164.63

with Pipettes				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
5ml	Amber	£1.79	186	£299.65
10ml	Amber	£1.79	180	£289.98
25ml	Amber	£1.99	168	£300.89
30ml	Amber	£1.99	104	£186.26
50ml	Amber	£2.19	105	£206.96
100ml	Amber	£2.29	68	£140.15

with Plain Caps (No Plug Insert)				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
5ml	Amber	£0.89	186	£148.99
10ml	Amber	£0.89	180	£144.18
25ml	Amber	£1.09	168	£164.81
30ml	Amber	£1.09	104	£102.02
50ml	Amber	£1.19	105	£112.46
100ml	Amber	£1.29	68	£78.95

with Atomiser Spray Tops				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
5ml	Amber	£2.29	186	£383.35
10ml	Amber	£2.29	180	£370.98
25ml	Amber	£2.49	168	£376.49
30ml	Amber	£2.49	104	£233.06
50ml	Amber	£2.59	105	£244.76
100ml	Amber	£2.69	68	£164.63

### Alpha Lotion Pump Top

This lotion pump top is suitable for dispensing serums, creams and lotions.

£1.69

### Alpha Atomiser Spray Top

This handy spray top is an ideal way to dispense your favourite Baldwins products, and fits our Alpha bottles.

£1.69

### **Amber Syrup Glass Bottles**

All sizes of Amber Syrup Glass Bottles have a 28mm neck and can be used with screw caps, pump tops and atomiser spray tops.



with Screw Caps				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
100ml	Amber	£1.09	104	£102.02
150ml	Amber	£1.19	84	£89.96
200ml	Amber	£1.29	67	£77.79
250ml	Amber	£1.59	63	£90.15
300ml	Amber	£1.69	51	£77.57
500ml	Amber	£1.79	35	£56.39
1000ml	Amber	£4.49	20	£80.82

with Trigger Spray Tops				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
100ml	Amber	£3.09	104	£289.22
150ml	Amber	£3.19	84	£241.16
200ml	Amber	£3.29	67	£198.39
250ml	Amber	£3.49	63	£197.88
300ml	Amber	£3.59	51	£164.78
500ml	Amber	£3.69	35	£116.24
1000ml	Amber	£6.49	20	£116.82

Pump	Top
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This easy to use Pump Top is great for lotions and creams, and fits our Glass Syrup and Plastic (PET) Bottles.

£1.49

#### Screw Cap

Tamper-evident screw caps fit all our syrup glass and plastic (PET) bottles.

£0.59

with Lotion Pump Tops				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
100ml	Amber	£2.19	104	£204.98
150ml	Amber	£2.29	84	£173.12
200ml	Amber	£2.39	67	£144.12
250ml	Amber	£2.69	63	£152.52
300ml	Amber	£2.79	51	£128.06
500ml	Amber	£2.89	35	£91.04
1000ml	Amber	£5.59	20	£100.62

with Atomiser Spray Tops				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
100ml	Amber	£1.79	104	£167.54
150ml	Amber	£1.89	84	£142.88
200ml	Amber	£1.99	67	£120.00
250ml	Amber	£2.29	63	£129.84
300ml	Amber	£2.39	51	£109.70
500ml	Amber	£2.49	35	£78.44
1000ml	Amber	£5.29	20	£95.22

#### Atomiser Spray 28mm

This Atomiser Spray will fit both Plastic PET Bottles and the Glass Syrup Bottles range - ideal for spray-misting floral waters.

£0.99

### **Trigger Spray**

This handy Trigger Spray is an ideal way to dispense your favourite Baldwins product and fits our Glass Syrup and Plastic (PET) Bottles.

£2.19

### Amber & Clear Glass - Winchester, Beta & Roll-on Bottles

# Winchester Wide Mouth Glass Bottles with Screw Caps

Size	Colour	Unit Price (each)	Tray Size	Tray Price
10ml	Amber	£1.29	162	£188.08
30ml	Amber	£1.29	120	£139.32
50ml	Amber	£1.39	90	£112.59
100ml	Amber	£1.69	86	£130.81



### Beta Glass Bottles with Pipettes

The natural rubber bulb of the pipette has been treated to make it resistant to Essential 0ils.

Size	Colour	Unit Price (each)	Tray Size	Tray Price
10ml	Amber	£1.99	162	£290.14
30ml	Amber	£1.99	120	£214.92



# Pipettes Small 10ml £1.19 Large 30ml £1.19



# Amber & Clear Roll-On Glass Bottles with Plastic Rollers and Screw Caps

Size	Colour	Unit Price (each)	Tray Size	Tray Price
10ml	Clear	£1.29	572	£664.09
10ml	Amber	£1.29	572	£664.09

# Amber & Clear Roll-On Glass Bottles with Spray Caps

Size	Colour	Unit Price (each)	Tray Size	Tray Price
10ml	Clear	£1.59	572	£818.53
10ml	Amber	£1.59	572	£818.53

# Amber & Clear Roll-On Glass Bottles with Metal Rollers and Screw Caps

Size	Colour	Unit Price (each)	Tray Size	Tray Price
10ml	Clear	£1.39	572	£715.57
10ml	Amber	£1.39	572	£715.57

# Amber & Clear Roll-On Glass Bottles with Screw Caps (No Roller)

Size	Colour	Unit Price (each)	Tray Size	Tray Price
10ml	Clear	£0.69	572	£355.21
10ml	Amber	£0.69	572	£355.21





### **Amber & Clear - Glass and Plastic Jars**

### Amber Glass Jars with Screw Top Lids

Amber glass jars come with either black or silver screw top lids.

Size	Colour	Unit Price (each)	Tray Size	Tray Price
30ml*	Amber	£1.39	72	£90.07
60ml*	Amber	£1.49	72	£96.55
100ml	Amber	£1.79	68	£109.55
120ml*	Amber	£1.79	53	£85.38
180ml	Amber	£2.49	42	£94.12
250ml	Amber	£2.99	35	£94.19
500ml	Amber	£5.59	16	£80.50

For some sizes we also offer an option of a silver screw top lid. Please specify your choice when ordering jars marked with an asterisk.

#### Clear Glass Jars with Screw Top Lids

Clear glass jars come with either black or silver screw top lids.

Size	Colour	Unit Price (each)	Tray Size	Tray Price
15ml	Clear	£1.29	110	£127.71
30ml*	Clear	£1.39	110	£137.61
60ml*	Clear	£1.49	72	£96.55
120ml*	Clear	£1.79	63	£101.49
250ml	Clear	£3.49	40	£125.64

For some sizes we also offer an option of a silver screw top lid. Please specify your choice when ordering jars marked with an asterisk.





### Amber & Clear Reagent Glass Jars with Traditional Ground Glass Stoppers

Size	Colour	Unit Price (each)	Tray Size	Tray Price
50ml	Clear	£12.99	40	£467.64
100ml	Clear	£14.69	10	£132.21
250ml	Clear	£19.29	10	£173.61
500ml	Clear	£25.29	15	£341.42
50ml	Amber	£12.99	40	£467.64
100ml	Amber	£14.69	48	£634.61
250ml	Amber	£19.29	30	£520.83
500ml	Amber	£25.29	10	£227.61

### Clear Plastic (PET) Jars with Screw Top Lids

Size	Colour	Unit Price (each)	Tray Size	Tray Price
75ml	Clear	£1.59	90	£128.79
150ml	Clear	£2.09	190	£357.39
250ml	Clear	£2.79	190	£477.09
500ml	Clear	£3.39	84	£256.28
1000ml	Clear	£4.59	42	£173.50





### **Amber Plastic (PET) Bottles**

We offer a complete range of Amber Plastic (PET) Bottles, these are similar in appearance to the Syrup Glass Bottles and take the same tamper-evident screw cap, pump top and atomiser spray top.

with Screw Caps				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
100ml	Amber	£1.59	112	£160.27
150ml	Amber	£1.79	202	£325.42
250ml	Amber	£1.89	130	£221.13
500ml	Amber	£2.99	80	£215.28
1000ml	Amber	£3.49	61	£191.60

with Lotion Pump Tops				
Size	Colour	Unit Price (each)	Tray Size	Tray Price
100ml	Amber	£2.49	112	£250.99
150ml	Amber	£2.69	202	£489.04
250ml	Amber	£2.79	130	£326.43
500ml	Amber	£3.99	80	£287.28
1000ml	Amber	£4.49	61	£246.50

with Atomiser Spray Tops					
Size	Colour	Unit Price (each)	Tray Size	Tray Price	
100ml	Amber	£2.29	112	£230.83	
150ml	Amber	£2.49	202	£452.68	
250ml	Amber	£2.59	130	£303.03	
500ml	Amber	£3.59	80	£258.48	
1000ml	Amber	£4.09	61	£224.54	

with Trigger Spray Tops					
Size	Colour	Unit Price (each)	Tray Size	Tray Price	
100ml	Amber	£3.49	112	£351.79	
150ml	Amber	£3.69	202	£670.84	
250ml	Amber	£3.79	130	£443.43	
500ml	Amber	£4.79	80	£344.88	
1000ml	Amber	£5.29	61	£290.42	

### Pump Top

This easy to use Pump Top is great for lotions and creams, and fits our Glass Syrup and Plastic (PET) Bottles. £1.49

This

### Atomiser Spray 28mm

This Atomiser Spray will fit both Plastic PET Bottles and the Glass Syrup Bottles range - ideal for spray-misting floral waters.

£0.99

#### Screw Cap

Tamper-evident screw caps fit all our syrup glass and plastic (PET) bottles.

£0.59

### Trigger Spray

This handy Trigger Spray is an ideal way to dispense your favourite Baldwins product and fits our Glass Syrup and Plastic (PET) Bottles.

£2.19



### Amber Plastic (PET) Bottle (18mm Neck)

Small and very versatile for use with your choice of Alpha range caps and tops.



Description	Size	Colour	Unit Price (each)	Tray Size	Tray Price
With Screw Cap and Plug Insert	50ml	Amber	£0.99	550	£490.05
With Plain Cap (No Plug Insert)	50ml	Amber	£0.99	550	£490.05
With Pipette	50ml	Amber	£2.09	550	£1,034.55
With Atomiser Spray Top	50ml	Amber	£2.39	550	£1,183.05
With Pump Top	50ml	Amber	£2.39	550	£1,183.05





Lip	Balm Tin	
Size	Colour	Unit Price (each)
15ml	Silver	£0.89

Plas	stic Sample Jar	
Size	Colour	Unit Price (each)
5ml	Clear	£0.59



# Lip Balm Tubes with Push On Caps (Twist Base)

Plastic Lip Balm Tube with push-on cap and twist-up base. The case allows you to propel and retract the product up and down the tube. These lip balm containers are ideal for lip balms, concealers, herbal products and other cosmetics. Available in White and Translucent (please specify when ordering)

Size	Colour	Unit Price (each)
4.3g	White	£1.19
4.3g	Translucent	£1.19



Bomex Glass Beakers	
Size	Unit Price (each)
50ml	£3.09
100ml	£3.49
250ml	£3.99
600ml	£7.29
1000ml	£11.39

Jerricans	
Size	Unit Price (each)
5 litre	£6.69
10 litre	£18.49
25 litre	£54.39
5 litre Pump top	£6.39

Polypropylene Measuring Cylinders	
Size	Unit Price (each)
10ml	£13.79
25ml	£13.99
100ml	£24.29

Plastic Funnels	
Size	Unit Price (each)
10cm	£9.99
18cm	£21.59

Glass Stirring Rod	
Size	Unit Price (each)
15cm	£2.79



### **Baldwin's Supplements**

We believe that our range of Multivitamins, Minerals, Omegas and superfoods offer the best combination of quality and value.

### **Multivitamins & Minerals**

#### Ultimate Multi, Multi-Vitamin & Mineral

Our specially designed formula includes a full spectrum of vegan vitamins and minerals, supergreens like watercress, spirulina and wheatgrass and a huge array of anti-oxidant ingredients to help the body cope with the strains of modern living.

Now with 50mg of Coenzyme Q10 and 400iu of Vitamin D3.

60 vegan capsules

£30.35

### Hair Ski<u>n & Nails Multi</u>

60 vegetarian tablets

£31.15

### **A Vitamins**

#### Vitamin A 3000 mcg (10,000 IU)

Vitamin A is essential to the maintenance of healthy eyes, skin and mucous membranes. Required to support a healthy immune system.

100 softgels

£11.65

#### Vitamin A & D 10,000 IU A + 400 IU D

These vitamins are important for promoting strong teeth, bones, eyes, as well as to support growth and the immune system.

100 softgels

£12.45



### **B Vitamins**

The B Vitamins are involved in nerve health and energy metabolism.

#### Vitamin B6 100mg

B6 is required for the metabolism of fats and proteins and for energy production.

100 vegan tablets

£14.59

#### Women's Multi

Basic Multi

30 vegetarian tablets

60 vegetarian tablets

90 vegetarian tablets

Women's Multi is specifically formulated to suit the nutritional demands of today's women.

90 vegetarian tablets

£41.85

£14.75

£23.99

£32.45

#### Cod Liver Oil

Naturally sourced from fish liver oil which provides both vitamins  ${\bf A}$  and  ${\bf D}$  in a low dosage.

100 softgels	£14.59
250 softgels	£28.35

# Natural Beta Carotene 15,000 mcg (25,000 IU)

Beta-carotene is not only an important antioxidant, it is also an excellent source of pro-vitamin A. Our Beta Carotene product is 100% natural and contains other beneficial carotenoids that can be found in a variety of fruits and vegetables.

50 softgels	£19.15
100 softgels	£33.75

# Vitamin B12 1000mcg (Prolonged Release)

Essential for proper energy metabolism, nerve function, red blood cell formation and cardiovascular health.

30 vegan tablets	£9.65
60 vegan tablets	£15.15

### B-12 Lozenge 1000mcg

100 vegan lozenges £21.25

### **B** Complex

B Vitamins have been shown to provide maximum benefit when taken together, supporting their diverse role in the body, including skin, hair, eye, nerve, adrenal and cardiovascular health.

#### Biotin 5mg

Biotin is part of the Vitamin B family and is important for skin, hair and nails, as well as its role in energy production.

60 vegan capsules

£18.95

#### Niacin

Also known as Vitamin B3. Promotes healthy cholesterol levels and supports energy production.

100 vegan tablets

£18.65

#### Pantothenic Acid

A member of the B Vitamins, Pantothenic Acid plays an essential role supporting metabolism, the adrenals, and in the proper utilization of PABA and Choline. Especially beneficial during times of stress.

60 vegan tablets

£26.85

#### Balanced B-50

Our Balanced B-50 tablets are formulated to provide a balanced combination in a single tablet.

60 vegan tablets	£16.85
90 vegan tablets	£23.35

#### Methyl Folate

Folates are normally found in a wide variety of foods and are commonly consumed through a diet of green leafy vegetables, sprouts, fruits, brewer's yeast and animal products such as milk and dairy products, egg yolk and liver. Unfortunately, folates contained in foods are unstable and susceptible to oxidation; they rapidly lose activity during food processing, manufacturing and storage and have a bioavailability range of 25-50%, depending on the kind of food. Humans cannot synthesize folate and because of its water-soluble nature, the body only stores folate to a limited extent. For this reason, folate represents a dietary requirement and must be consumed by diet. Whether we ingest food containing natural synthetically-derived folates, they are metabolized to 5-methyltetrahydrofolate, which is considered the biologically active form of the B Vitamin folic acid.

90 vegan tablets

£22.85

#### Balanced B-100

Balanced B-100 is a comprehensive and well balanced higher potency formula for those wanting greater nutritional support.

60 vegan tablets	£27.85
90 vegan tablets	£39.35





### **C** Vitamins

Vitamin C is important for immune health and is involved in the renewal and repair of tissues. A daily supplement regimen with Vitamin C plus Rosehips offers powerful protection against free radical damage.

### Buffered Vitamin C 1000mg Plus Minerals (Prolonged Release)

Buffered C lowers the acidity, offering better tolerance to those with gastric irritation. Gentle and easy to digest and contains additional health promoting minerals.

50 vegan tablets	£20.95
100 vegan tablets	£34.75

Vitamin C Crystal Powder	
113g vegan	£23.59
227g vegan	£38.65

### Vitamin C 500mg Plus Rosehips

Vitamin C and Rosehips work synergistically for a more effective supplement in providing antioxidant protection.

100 vegan tablets	£15.59
250 vegan tablets	£34.15

### Vitamin C 1000mg Plus Rosehips

A high potency C plus Rosehips for added support.

50 vegan tablets	£15.15
100 vegan tablets	£26.25
250 vegan tablets	£55.99

### **D** Vitamins

#### Vitamin D3 400 IU

Equivalent to 10mcg

100 softgels **£9.85** 

#### Vitamin D3 1,000 IU

100 softgels **£13.35** 

#### Vitamin D3 2,000 IU

120 tablets £17.15

### <u>Vitamin D3-K2 tablets</u>

A vitamin D3-K2 complex providing 2,500iu of vitamin D3 paired with 55mcg of K2 as menaguinone 7

60 vegetarian tablets

£20.45

#### Vitamin D3 5,000 IU

Vitamin D helps maintain healthy bones by stimulating the absorption of calcium in the body and promotes overall cellular wellness, immune, bone and prostate health.

60 vegetarian tablets

£17.99

#### Liquid Vitamin D3

25mcg (1,000iu) per drop

30ml vegetarian

£21.75







### **E Vitamins**

Vitamin E is an antioxidant nutrient needed to maintain heart and circulatory health, nerves, muscles and red blood cells.

#### Vitamin E 200 IU (Mixed Tocopherols)

100% natural Vitamin E from soy. Popular low potency formula with the added benefits of mixed tocopherols, the form closest to the way vitamin E is found in nature.

60 softgels	£14.75
90 softgels	£20.45

#### Vitamin E 400 IU (Mixed Tocopherols)

Most popular dosage associated with promoting cardiovascular health.

60 softgels	£21.95
90 softgels	£29.75

#### Vitamin E 1000 IU (Mixed Tocopherols)

Our highest potency Vitamin E with mixed tocopherols.

30 softgels **£25.95** 

### **K Vitamins**

### Activated K2 Mixed Menaquinones

75 mcg of Mixed Menaquinones, including MK-7, which is thought to be the best supplemental form of vitamin K2 by having unique effects on vascular and bone biology; with the addition of choline which supports liver health and function where most vitamin K activity and metabolism occurs.

60 vegan capsules

£22.85

### **Mineral Combinations**

#### Cal-Mag Citrate Complex with Vitamin D3

Our Cal-Mag Citrate complex includes citrate and ascorbate forms of calcium for higher absorbability.

100 vegetarian tablets

£24.85

#### Cal-Mag 1:1 With Vitamin D3

Out Cal-Mag 1:1 with vitamin D3 supports bone and nervous system health by providing these essential nutrients required to maintain bone density, muscle and nerve health.

90 vegetarian capsules

£19.35

### **Individual Minerals**

#### Calcium 600mg with Vitamin D3

Calcium is required to maintain strong and healthy bones and teeth.

100 softgels **£19.95** 

#### Calcium Citrate with Vitamin D3

Calcium citrate has been found to be the most efficiently absorbed form of calcium available, and mixed with vitamin D makes for an outstanding bone support product.

60 vegetarian tablets £14.59

### Selenium - 100mcg (Yeast Free)

Supports eye and cardiovascular health.

100 capsules £16.25

#### Magnesium Glycinate - 400mg

Magnesium is the second most abundant element inside human cells. As one of the most common co-factors in the body, magnesium's presence is crucial to glucose & fat breakdown; the production of protein, enzymes and antioxidants such as glutathione; the creation of DNA & RNA and the regulation of cholesterol production.

90 vegan caps **£28.75** 

# Iron Complex - 29mg (prolonged release)

Contains iron, folic acid, vitamin B-6 and B-12 which are all essential for the formation of healthy red blood cells.

30 vegan capsules £12.25

#### **Chromium Picolinate**

Chromium Picolinate plays a role in regulating metabolism, helps to support healthy blood levels of sugars and fats, as well as the development of lean muscle tissue.

100 capsules **£16.25** 

#### Zinc Picolinate

Zinc supports a healthy immune system as well as healthy skin. Also important for men's health.

100 capsules **£20.75** 

#### Potassium - 99mg

An electrolyte that regulates the balance of fluids inside and outside the cells, including the bold. Important for heart, nerve and muscle health.

100 vegan tablets £13.35

### **Bones & Joints**

### Glucosamine Chondroitin MSM

300mg Chondroitin 375mg MSM

375mg Glucosamin Complex 120 tablets £47.65

#### Glucosamine Sulphate - 500mg (Prolonged Release)

Glucosamine Sulphate is a natural seafood extract derived from crab shall and is an important building block of joint tissue.

60 tablets	£18.35
90 tablets	£24.59

#### Vegetarian Glucosamine - 750mg V

60 vegan capsules £28.85

### Hyaluronic Acid Botanical Complex

Hyaluronic acid is an important component of the connective tissue that fills the spaces between cells of the skin and other tissues, and is a major ingredient of the synovial fluid that lubricates and cushions joints as well as the vitreous humour that fills the inner chamber of the eye.

50 vegan capsules £33.15

#### Glucosamine & Chondroitin

Chondroitin attracts fluid into web-like cartilage that covers the bone and joint, acting as shock absorption to surrounding bones. This pair has been shown to support anti-inflammatory activities and to promote decreased pain.

90 tablets	£44.75
180 tablets	£79.65

#### MSM (OptiMSM)

Methysulphonylmethane supports over 150 compounds in the body, including amino acid production, connective tissues, and skin.

60 vegan tablets	£14.85
120 vegan tablets	£25.75

### **Fatty Acids**

Essential fatty acids (EFAs) are just that, they are essential, meaning that they must be provided through the diet or supplements. There are two important classes of essential fatty acids, omega-3 and omega-6, which refer to the chemical structure of the fat molecule. Both are important to maintain adequate health. Aging, stress or a high consumption of saturated or trans fatty acids can contribute to an imbalance of EFAs in the body.

#### Starflower Oil - 1000mg

Borage oil is nature's most concentrated source of GLA (gamma-linolenic acid) and is a good way to ensure adequate EFA uptake.

30 softgels **£18.65** 

### Concentrated Omega-3 - 1200mg

A highly concentrated fish oil softgel. Each softgel contains a minimum of 360mg EPA and 240mg DHA. Molecularly distilled, and sourced from fresh, coldwater sources. Includes all natural Florida orange oil for a pleasing taste.

60 softgels	£29.15
120 softgels	£53.15



#### Cod Liver Oil Soft Gels

Cod Liver Oil provides a natural source of important omega-3 fatty acids EPA & DHA, plus vitamins A & D, helping to maintain healthy skin, eyes, brain & heart.

100 softgels	£14.50
250 softgels	£28.35

#### Omega 3-Fish Oil Epa & Dha - 1000mg

Our Omega-3 Fish oil softgels are derived from a high potency fish oil concentrate and provide two important Omega-3 fatty acids, EPA and DHA. Contains 180mg EPA and 120mg DHA a total 300mg of Omega-3 fatty acids.

100 softgels **£20.75** 

#### **Ultimate Omega Complex**

Provides a comprehensive blend of EFAs from Flax seed oil, Borage oil, and Fish oil all in one capsule. Contains 10 IUs of Vitamin E, included as a natural antioxidant.

90 softgels £39.75

### Flax Seed Oil - 1000mg

Made with Organic flax seed oil, nature's richest vegetarian source of essential fatty acids. ALA (omega-3) and LA (omega-6). These fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure and promote cardiovascular and nervous system health.

90 softgels	£20.59
180 softgels	£36.35

### **Heart Health**

# High Allicin Garlic - (Odour Free) 500mg

The health benefits of garlic have been known for thousands of years. Used by the Romans, Egyptians, Chinese and much of southern Europe as medicine and food, garlic has been documented throughout history as a valuable herb.

60 vegan tablets £20.65

#### No Flush Niacin - 525mg V

Also known as Vitamin B3. Promotes healthy cholesterol levels and supports energy production.

100 vegan capsules £46.75

### **Food Supplements**

#### Lecithin - 1200mg

Provides phospholipids found in all the body cells that help in the emulsification of fats in the body.

100 softgels **£18.95** 

#### 8 in 1 Mushroom Defense Mix

Mushrooms have been valued for their medicinal properties for millennia. Each capsule provides a variety of mushrooms providing natural immunestimulating compounds.

60 vegan capsules £37.90

### **Antioxidants**

#### Co-Enzyme Q10 - 30mg

Coenzyme Co010 also known as Ubiquinone, is an important component in the energy producing systems in the body's cells.

30 vegetarian capsules	£11.95
60 vegetarian capsules	£19.15

#### Alpha-Lipoic Acid - 100mg

Alpha-lipoic acid was discovered in 1951, and has long been recognised as a coenzyme needed to break down sugar for energy production.

60 vegan tablets	£22.59
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#### Co-Enzyme Q10 - 60mg

Our highest dosage of CoQ10 provides potent antioxidant benefits.

30 vegetarian capsules	£18.25
60 vegetarian capsules	£33.25

#### Quercetin Complex

A powerful antioxidant that can provide benefits to the body. Quercetin is a naturally occurring Bioflavonoid compound. Bioflavonoids are compounds that give colour to fruit and vegetables. This naturally occurring plant pigment has also been found to reduce wheezing and sneezing common symptoms of hay fever.

100 vegan capsules	£49.65
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### Advanced Antioxidant Complex V

This complex contains high amount of Alpha Lipoic Acid and speciality antioxidants. For overall cellular wellness.

60 vegan capsules £32.85

### **Digestive Health**

### **Chewable Peppermint Enzymes**

Provides a plant based formula with a broad range of enzymes used to break down fats, carbohydrates and proteins. Contains natural fruit digestive enzymes from bromelain (pineapple), and papain (papaya).

100 vegan tablets £30.95

#### **Enzyme Complex**

A complete enzyme complex using only the highest quality non-6M0 raw materials additional digestive herbs are included for additional support.

90 vegan capsules £32.2

### Eye Health

#### Lutein - 20mg

Lutein, a carotenoid found in plants, is an important nutrient shown to help support eye health. Research shows that 6-20mg is optimal for eye health.

60 vegan caps **£22.75** 

#### Ultimate Eye Formula

Our Ultimate Eye Formula is an advanced botanical eye supplement that contains the highest quality extracts available. Provides the full potency of lutein (from: Tagetes erecta) recommended for maintaining optimal eye health, and contains pure Bilberry extract with added Blueberry for additional support.

30 vegan capsules £30.65

### Greens

#### Kelp - 225mcg

Contains kelp powder, the most popular source of iodine. A healthy thyroid requires iodine to function properly.

100 vegan tablets **£10.99** 

### Spirulina - 500mg

One of the world's best "superfoods". Spirulina is a rich source of important nutrients. Spirulina is nature's answer to providing an easy-to-utilise supplement that is purely food based. Beta-carotene, B vitamins, iron, essential fatty acids and complete protein are all packed into each serving of the green "superfood".

100 vegan tablets	£18.95
250 vegan tablets	£38.65

### **Amino Acids**

Amino acids are the building block of protein. Protein has an important job in building and rebuilding body tissue and providing the body with nitrogen.

### Acetyl L Carnitine - 500mg V

Acetyl L-Carnitine (ALC) is a molecule composed of acetic acid and L-Carnitine bound together. Free form amino acid Acetyl L Carnitine can be used for nervous system health, sports performance as well as to support adrenal glands and other brain functions.

30 vegan capsules £25.59

#### L-Arginine - 500mg

This amino acid has several roles in the body, such as assisting in wound healing, stimulating immune function as well as promoting secretion of several hormones.

90 capsules **£21.85** 

### L-Carnitine - 500mg

Carnitine releases fatty acids allowing them to be converted to energy. Carnitine is a popular supplement for heart health, liver health and weight loss.

30 vegan capsules £26.45

#### L-Tyrosine - 500mg

L-Tyrosine is the direct precursor to several important neuro transmitters which affect many functions in the brain and is also an important component for hormones that are produced by the thyroid.

90 capsules **£23.95** 

### N-Acetyl Cysteine - 600mg

N-Acetyl Cysteine has been shown to provide numerous health benefits to the body, such as promoting heart health, supporting immune function, and helping to protect the body from toxins.

60 vegetarian capsules £24.59

#### L-Glutamine - 500mg

The most abundant amino acid found in muscle. Popular for sports

50 capsules	£14.15
100 capsules	£24.95

### L-Lysine - 500mg

Often taken to help strengthen the immune system and also improves calcium absorption. Many use it as an alternative therapy for herpes and cold sores.

50 vegan capsules £13.15

#### L-Theanine

An amino acid used to calm the mood, reduce anxiety & stress levels whilst also supporting focus and attention.

60 vegan capsules £39.15

# Black Seed Oil & Capsules - (Nigella Sativa)

#### Organic Black Cumin Seed Oil

For centuries the black seed and its oil have been used by people in Asia, Africa, the Middle and Far East to promote health and fight disease. It has been traditionally used to treat a variety of ailments and conditions. The main power lies in its strengthening and rebalancing of our all-important immune system which is our body's defence against illness. Traditionally it has been used as a household remedy for almost every ailment from stomach ache, insect stings, allergies, colds, flu, bruises, hair loss, lethargy, over reactive immune systems, digestive issues, problem skin etc. (While black seed has been found safe to be taken with all other medicines it should only not be taken during pregnancy.)

50ml	£9.99
100ml	£15.69
250ml	£32.19
500ml	£59.59
1litre	£116.99

#### Blessed Seed Black Seed Oil

Original 100ml 2% Volatile Oil	£11.85
Strong 100ml 3.5%-4.6% Volatile Oil	£15.45

### Blessed Seed Capsules (Mild)

Blessed Seed's original strength Black Seed Oil boasts a higher average volatile oil content: typically 1% of volatile oil.

60x500mg £9.25

#### Blessed Seed Capsules (Strong)

Strong Black Seed Oil typically contains 3.5%-4.6% of volatile oil (potentially 3-4 times more powerful than most oils on the market!)

60x500mg	£12.95
90x500mg	£16.75

### **Baldwin's Gift Boxes**

Whether you are looking for a birthday present, or want to treat a loved one, our gift boxes are perfect for any occasion.

### **Facial Gift Boxes**

#### Neroli & Willow Bark Facial Gift Box

Contains: Neroli & Willow Bark Balancing Face Wash 100ml, Clay Mask 60ml, Serum 30ml, Face Cream 60ml and Natural Cotton Flannel.

£53.79

#### Pomegranate, Billberry & Rose Facial Gift Box

Contains: Pomegranate, Bilberry & Rose Cleansing Lotion 150ml, Cleansing Facial Scrub 60ml, Revitalising Skin Tonic 150ml, Rejuvenating Day Cream 60ml, Nourishing Night Cream 60ml and Smoothing Eye Cream 15ml.

£78.39

#### Men's Green Tea & Frankincense Facial Gift Box

Contains: Green Tea & Frankincense Refreshing Facial Wash 100ml, Exfoliating Facial Scrub 60ml, Smoothing Shaving 0il 10ml, Hydrating Skin Lotion 100ml and Natural Cotton Flannel.

£49.59

### **Bath & Body Gift Boxes**

#### Citrus Bath & Body Gift Box

Contains: Citrus Body Wash 250ml, Citrus Body Balm 250ml, Citrus Soap 25g, Citrus blend Aroma Candle and Natural Cotton Flannel.

£33.39

#### Moisturising Bath & Body Gift Box

Contains: Moisturising Body Wash 250ml, Moisturising Body Balm 250ml, Moisturising Soap 25g, Moisturising blend Aroma candle and Natural Cotton Flannel.

£33.39

#### Revitalising Bath & Body Gift Box

Contains: Revitalising Body Wash 250ml, Revitalising Body Balm 250ml, Revitalising Soap 25g, Revitalising Aroma candle and Natural Cotton Flannel.

£33.39

### **Aromatherapy Candles**

Here at Baldwins we've developed our own blend of soy wax and Essential Oils to produce a series of fragrant candles smartly contained in a recyclable tin. The soy wax we use is from renewable resources, contains no genetically modified materials and is complemented by cotton wicks coated with beeswax, giving a 100% natural candle. Please keep the wick trimmed between burns.

£7.59

### **Single Scents**

Citronella -Midge Deterrent Lavender -Relaxing Lemongrass -Uplifting Ylang Ylang -Romantic

# Essential Oil Burners

Oil Burners

### Our new range of cimple assential oil hurners come

Our new range of simple essential oil burners come in 2 designs: Fleur and Love.

Fleur	£8.59
Love	£7.29

Simply fill the bowl at the top of the burner with water, add a few drops of Essential Oil on the water. Place a lighted tea light underneath the bowl.

#### **Blends**

Cedarwood & Orange -Warming and Comforting

**Eucalyptus & Peppermint** - Clarifying and Stimulating

Frankincense & Myrrh - To help focus a busy mind

**Geranium & Lemon** - Balancing and Refreshing

**Lavender & Chamomile** - Calming and Soothing

Patchouli & Lime -Musky & Exotic

Yuletide - Our own blend of festive oil which contains Clove, Nutmeg, Cinnamon, Pine and Orange.

### Tea Lights

10 Tea Lights £2.85

### **Capsule Making**

#### Capsule Machine

We offer both size 0 and 00 capsule machines and capsules. The weight that each capsule contains varies depending on the powder density, but as a guide if the size 0 holds 544mg, the 00 will hold 728mg. Please specify 0 or 00 when ordering.

Capsule Machine - Size 0

£24.39

Capsule Machine - Size 00

£24.39

#### **Empty Capsules**

These can be filled with the herb or powder of your choice. Simply separate the two halves, fill the larger one with the chosen ingredient and re-seal.

	100	500	1000	5000	10000	25000
Size O Gelatine Capsules	£2.35	£6.65	£12.45	£52.85	£93.25	£217.59
Size 00 Gelatine Capsules	£2.35	£6.65	£12.45	£52.85	£93.25	£217.59
Size 0 Vegetarian (HPMC*) Capsules	£2.99	£9.75	£18.75	£84.35	£149.89	£351.35
Size 00 Vegetarian (HPMC*) Capsules	£2.99	£9.75	£18.75	£84.35	£149.89	£351.35

<sup>\*</sup>HPMC is an abbreviation for hypro-mellose (hydroxypropyl methylcellulose). These are vegetarian capsules made from plant fibres. HPMC capsules are renowned for their long storage life and are best suited for the encapsulation of moisture sensitive powders.

### **Tea Making**

# Cha Cult Premium Quality Chlorine & Bleach Free Paper Tea Filter

- 1. Fill the filter with the tea or herb
- 2. Hold the string on one end
- 3. Pull the other end of the string
- 4. Use just like a teabag

The filter is made out of very carefully selected raw materials.

The very fine pores of this taste-free material guarantee a perfect tea infusion. The filters are compostable too.

50 Tea Filters £6.75

#### Glass Teapot

Our beautiful hand blown, eco-friendly, heat-proof, borosilicate-toughened glass teapots are fantastic for brewing your favourite herbal blends, black teas and great for watching your blooming teas unfurl. Dishwasher proof with a built-in, removable, infuser; they are the perfect piece of tea and herb brewing equipment.

Small (500ml)	£14.69
Large (750ml)	£17.99

#### Tea Ball

Tea Ball is ideal for the easy infusion of herbs.

Tea Ball (45mm)	£5.09
Tea Ball (65mm)	£5.99
Tea Tongs (45mm)	£4.39
Tea Tongs (65mm)	£7.59

### Electric Spice & Nut Grinder

With the Cuisinart Electric Spice & Nut Grinder (model SG21U), whole spices and nuts can be grinded just before use to ensure optimal flavour and aroma. Comes with 3 year warranty.

£59.99

#### Pestle & Mortar

Unglazed porcelain for easy grinding of wet and dry mixes.

Size 0 - 142ml	£26.49
Size 1 - 199ml	£29.15
Size 2 - 284ml	£36.19
Size 3 - 426ml	£43.09
Size 4 - 568ml	£50.45

### Books

Back to Eden (Paperback)	£11.39
Back to Eden (Large Print Paperback)	£16.29
Back to Eden Cookbook	£7.49

### Miscellaneous

#### Smudge Sticks

Traditionally used by the Native Americans as a means of purification, when lit the smouldering bundle of herbs produces a highly aromatic fragrance.

Badlands Dakota Sage Bundle (Approx. 25cmx4cm)	£18.35
California White Sage Large Bundle (Approx. 25cmx4cm)	£12.59
California White Sage Mini Bundle (Approx. 12cmx4cm)	£5.75
Cedar Bundle (Approx. 25cmx4cm)	£13.75
Desert Sage Large Bundle (Approx. 20cmx4cm)	£14.45
Desert Sage Mini Bundle (Approx. 8cmx2.5cm)	£5.69
Juniper Large Bundle (Approx. 25cmx4cm)	£14.59
Juniper Mini Bundle (Approx. 8cmx2.5cm)	£6.69
Mugwort (Approx. 25cmx4cm)	£14.45
Sweetgrass Braid (Approx. 50cm)	£30.25

Prepared Incense	50g Pack	500g Box
Abbey	£4.89	£22.15
Basilica	£6.59	£33.99
Cathedral	£5.59	£26.85
Priory	£5.39	£22.15
Sanctuary	£5.49	£26.25

#### Palo Santo Wood Sticks (Holy Wood)

The use of Palo Santo dates back to the Inca Era and is traditionally used in South America in a similar way to how Native Americans in North America use the Smudge sticks, for cleaning and purifying negative energy to clear misfortune.

25g (Approx. 5 sticks)	£4.95
100g (Approx. 20 sticks)	£16.29
250g (Approx. 50 sticks)	£39.25

#### Nag Champa

The delightful Indian Incense

Approx. 12 Sticks - 15g	£1.75
Approx. 32 Sticks - 40g	£2.95
Approx. 80 Sticks - 100g	£7.15

Powders	25g	100g	250g	500g	1kg	5kg
Borax Powder	£0.99	£2.89	£6.15	£9.39		
Charcoal Powder, Activated	£2.85	£8.09	£17.25	£26.29		
Citric Acid Powder		£3.69	£7.85	£11.95	£23.89	£95.49

Bicarbonate of Soda	1kg	5kg
	£7.79	£23.35

Epsom Salts	1kg	2kg
	£5.95	£8.95

Menthol Crystals	10g
	£6.09

Parchment Paper	10cmx10cm	15cmx23cm	23cmx30cm
	£8.35	£12.35	£44.85

Sea Salt	2kg
	£4.39

Muslin Cloth	
130x130cm (Approx)	£6.85

### **Instant Lighting Charcoal**

Incense is easily burned using charcoal discs. Light a tablet, place in a heat resistant container, when glowing sprinkle with incense.

10 Discs	£1.49
1 Box of 8x10 Discs	£7.75

# Empty Fully Compostable & Biodegradable Packets

Perfect for packing herbs, incense and pot pourri. Contents not included.

Maximum dimensions:

76x125x200mm	£0.15
90x150x300mm	£0.19
150x200x305mm	£0.35
200x270x350mm	£0.59

# Baldwin's Large Hessian & Cotton Cloth Bags.

Large, robust Hessian Bag: HxWxD: 40x36x17cm	£2.65
100% natural, foldable Cloth Bag: HxW: 42x38cm	£1.49

### Yogamatters Sticky Yoga Mat

183cm x 61cm

Available in Black, Purple, Navy and Slate Grey. £27.95

### Glass Storage Jars

Bamboo lid with airtight seal. Contents not included.

(Medium) 8.5x16cm - 650ml	£10.19
(Large) 8.5x20cm - 950ml	£12.89

### Luxury Barley & Lavender Pillow

100% Cotton pillow containing Barley & Aromatic Lavender flowers. Sooth and comfort everyday aches, pains and stiff muscles. Warm in microwave for 1-3 minutes or can be used as a cold compress by placing in the refrigerator.

£22.99

### How to order

#### Telephone: 020 7703 5550

(Answerphone outside of business hours).

If you would like to pay by Credit or Debit Card, one of our friendly staff will be happy to take your order. Please have your card details ready.

#### Fax: 020 7252 6264

You may fax in your Credit or Debit Card order. Please make sure you include your telephone number in case of transmission difficulties.

#### Internet: www.baldwins.co.uk

You can now order from our online catalogue.

All credit card purchases are conducted over
a secure server link.

We now take Paypal on orders placed on-line.

#### Email: sales@baldwins.co.uk

#### Post

Send your order with your cheque, postal order (made out to G.Baldwin & Co. Ltd.) or credit card details to:

#### Freepost BALDWINS

#### **How our Delivery Service Works**

At Baldwins we are dedicated to offering you a fast and efficient service. So committed in fact that we promise to dispatch all our 'in stock' orders within 3 working days (sooner where possible).

#### **Standard Delivery**

- Standard deliveries are dispatched by First Class Royal mail or Next Day Courier.
- Free postage is applicable only to single standard UK orders with a goods value of £30 or more (including VAT) and weighing no more than 25kg.
- Orders under £30 in value (under 25kg) will be charged at £3.49 for standard UK delivery.
- We endeavour to dispatch standard in-stock orders as quickly as possible, and guarantee they will be dispatched within 3 working days

Order weight	Order value up to £30	Order value over £30
0-25kg	£3.49	FREE!
25kg-50kg	£7.99	£7.99
50kg-75kg	£15.98	£15.98
75kg-100kg	£23.97	£23.97

#### **Express Delivery**

- Express orders must be placed before 1pm for delivery the next working day (Monday to Thursday).
- There must be someone available between 7am-1pm on the day of delivery to sign for Express Deliveries.
- Express Delivery is only available for customers on the UK Mainland and excludes the Scottish Highlands and some rural areas. Please check our website for postcodes not covered by Express.
- Express orders placed before 1pm on Friday are guaranteed for delivery on Monday.
- Express orders weighing less than 3kg placed between 1pm on Friday and 11am on Saturday are guaranteed for delivery on Monday. Those placed between 1pm on Friday and 11am on Saturday weighing 3kg or over are guaranteed for Tuesday morning delivery. Any Express placed between 11am on Saturday and 1pm on Monday will be delivered on Tuesday morning.

#### **Express Delivery**

Order weight	Order value up to £30	Order value over £30
0-25kg	£8.99	£5.99
25kg-50kg	£9.49	£9.49
50kg-75kg	£18.98	£18.98
75kg-100kg	£28.47	£28.47

#### Saturday Delivery

Our Couriers are able to deliver on Saturdays to UK mainland addresses only (identified as those addresses outside of Eire, Scotland, and Northern Ireland).

Please enquire when placing your order if you would like to use this service, there is an additional charge.

Orders for Saturday delivery to UK Mainland addresses must be placed by 1pm on Friday.

Order weight	Order value up to £30	Order value over £30
0-2kg	£14.25	£11.49
2kg-25kg	£33.99	£29.99
25kg-50kg	£33.99	£33.99
50kg-75kg	£67.98	£67.98
75kg-100kg	£101.97	101.97

#### **Overseas Delivery**

Overseas items are dispatched by Airmail if they weigh less than 2kg. Orders over 2kg shipped to EU and Rest Of World Addresses are shipped by Courier.

Delivery estimates for overseas parcels are as follows:

- · Western Europe within three working days.
- Eastern Europe within five working days.
- Rest of World in five to seven working days.

Larger Orders We happily accept orders of any size, for prices for orders over 25kg please contact us.

#### Gift Card

Gift cards are now available to use in store and over the phone.

#### Items we do not stock

We are happy to order in items we do not stock if available through our suppliers, but regret that they are non returnable.

#### **Pricing Policy**

We make every effort to maintain our prices for the duration of our catalogue however, at times it's impossible to avoid price increases. All prices are subject to alteration without notice.

#### VAT

The prices reflect the VAT rate applicable at time of printing. Prices are subject to change should the VAT rate alter.

#### Mail Order Guarantee

It is our Policy to give 100% satisfaction. If for whatever reason you decide to return any unopened goods within 28 days of purchase, we will without quibble refund the full cost of the goods. This is in addition to your statutory rights.

#### **Medicinal Policy**

We are required by law to make no claim for the therapeutic qualities of the remedies that we sell. However, the traditional values of herbal remedies are well known and information may be obtained from books, leaflets and the Internet. We are also able to give you limited information and one of our friendly staff will be pleased to answer your queries, when possible Before making your purchase please ask yourself the following questions:

Am I taking prescription medication?

Am I taking or intend to take nutritional or herbal supplements?

If the answer to BOTH these questions is 'yes', we advise you to check with your doctor that the combination of your medication and supplements is suitable. Please remember that the ultimate choice is yours, thus giving you more control over your health.

#### Returning an Item

To return an item, please package in its original wrapping (if possible) and provide a note outlining your name, address, order number and reason for returning.

If your item is under 20 Kg and is smaller than 61cm (L) x 46cm (W) x 46cm (D) then you can use our Free Royal Mail 48 Hour Tracked service by heading here and filling in the appropriate details:

#### www.royalmail.com/track-my-return/create/2456

This service will generate a label that you can either print at home or take with you to the post office for them to print

You will need your order number which is the 6 digit number sent out on your order dispatch email. (If you have any trouble finding this, do give us a call and we can happily find it for you).

Once orders are returned, we aim to process them within 72 hours and (if required) notify you by mail when we have processed your refund and ship any replacements out as soon as possible.

If your item is over 20 Kg or larger than the specified size (or too heavy for you to take to the post office) please call us and we can arrange collection with one of our courier partners.

#### **Discount Structure**

Discounts only apply to one product packed in one packet or container.

#### Essential Oils p24-27

250ml = **10% Saving** 500ml = **25% Saving** 1 Litre = **30% Saving** 

#### Herbs, Roots and Powders p3-13

2 Kg = **15% Saving** 5, 10 & 25 Kg = **20% Saving** 

#### Tinctures p15-18

1 Litre = 10% Saving 5 Litre = 15% Saving 25 Litre = 20% Saving

#### Fluid Extracts p19

250ml = **10% Saving** 500ml = **25% Saving** 1 Litre = **30 % Saving** 

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Atomiser Spray Tops	37, 38, 41	Fluid Extracts (Combinations)	20	P	
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### How to Find Us

#### **Nearest Tube**

Elephant & Castle

#### Nearest British Rail

Elephant & Castle

#### Address

171/173 Walworth Road, London SE17 1RW

#### Telephone

020 7703 5550

#### **Buses**

The following buses stop nearby: 12, 35, 40, 45, 68, 148, 171, 176, 468, P5.

#### **Parking**

We are positioned outside the Congestion Charge Zone. Meter Parking is available in Amelia Street.

#### **Hours Of Business**

Monday-Saturday 9am-6pm, except Thursdays 9am-7pm Closed all day Sunday and Bank Holidays

#### How to Order

#### Telephone Mail Order

020 7703 5550

You can place your order with one of our helpful Mail Order staff or outside of business hours you can leave your order on our answering service.

#### Fax

Fax your order to 020 7252 6264, 24 hours a day.

#### Website

#### www.baldwins.co.uk

Our secure website is the easy way to order 24 hours a day.

Just put the items you want into your shopping basket and the system does the rest, right down to calculating the postage to anywhere in the world.

If you chose to register it will even remember your details.

#### Email

#### sales@baldwins.co.uk

Follow us on:









At Baldwins we like to take pride in all that we do and we rarely settle for being merely average. For example, our ever growing, extensive range of high quality natural products is outstanding and now exceeds even the elastic and comprehensive limits of this catalogue.

We also aim to make purchasing easy and convenient by catering for all types of shopping preferences. Hence the continuous development of our online shop at www.baldwins.co.uk. This is not only open and at your service 24/7 but it is also updated more frequently than is possible with traditionally printed lists. The product range on the website is larger too, helping to make it one of the most in-depth, natural product selections available anywhere. If new products or the latest special offers are what interests you, then becoming a regular visitor to our website is bound to bring exciting discoveries and worthwhile savings.

Plus with our FREE Newsletter, Blog, Special Offers and money-savings bundles to choose from, you'll never miss out on a great deal!

The high quality and traditional values that underpin our everyday activities may not have changed much since 1844, but our adaptation to the more convenient aspects of modern shopping is, as you might expect, perfectly in harmony with the needs of our customers.